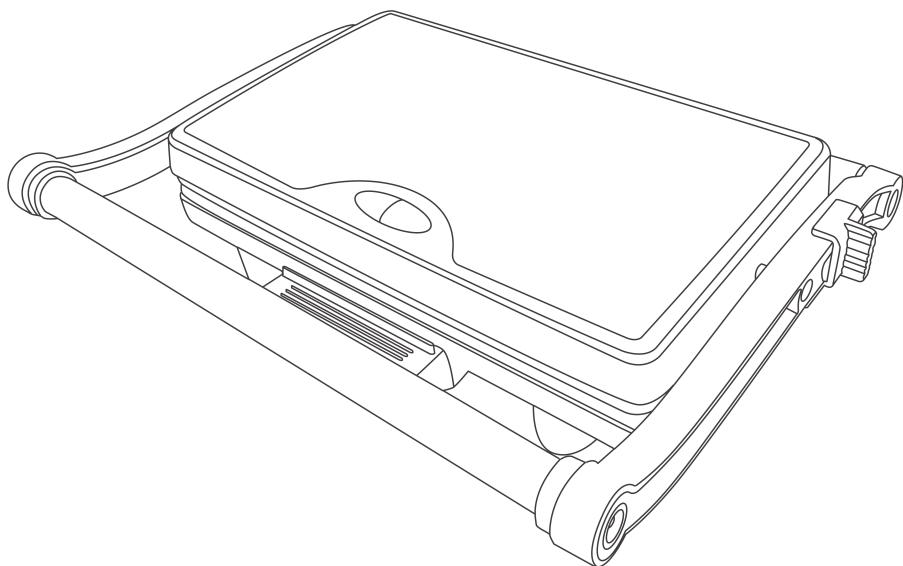




GHG101SS-19 Health grill

User Guide

220-240V~50-60Hz, 1000W

IMPORTANT: RETAIN FOR FUTURE REFERENCE

About this guide

We've written this manual to help you get the most from your health grill. Please hold on to it for future reference.

WARNINGS:

THIS PRODUCT WAS DESIGNED AND MANUFACTURED TO MEET STRICT QUALITY AND SAFETY STANDARDS. THERE ARE, HOWEVER, SOME OPERATIONAL PRECAUTIONS YOU SHOULD BE AWARE OF.



CAUTION. DANGER OF BURNS. THE HEALTH GRILL MAY BECOME HOT DURING USE. DO NOT TOUCH HOT SURFACES. DANGER OF FIRE OR ELECTRIC SHOCK. DO NOT INSERT METAL FOIL, TOOLS, OR BREAD THAT IS TOO THICK INTO THE HEALTH GRILL.

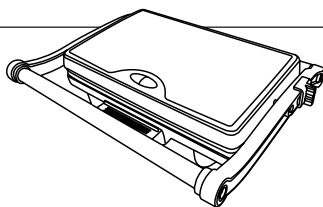
1. Read all warnings & instructions in this manual to ensure you get the best out of your product.
2. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid hazard.
3. This appliance shall not be used by children. Keep the appliance and its cord out of reach of children.
4. To avoid fire, electric shock, or injury, never immerse the grill, cord, or plug in water or liquid.
5. Keep away from harsh or abrasive cleaning agents or solvents, and do not use metal accessories as these can damage the non-stick surface.
6. Remove all protective wrapping prior to use.
7. Avoid outdoor and commercial use. This appliance is for household use only.
8. Do not use if the appliance, cord or plug is damaged.

9. Always place on a firm, level surface, out of reach of children.
10. Ensure the drip tray is in place before use. Remove the empty container before storing the health grill.
11. Before connecting the health grill to the power, check the voltage shown on the appliance corresponds with the voltage in your home. If it doesn't, contact your local store.
12. Surfaces may become hot during use, so always place on a heat-resistant surface and use with caution. We recommend using an oven glove when in use.
13. The temperature of accessible surfaces may be high when the appliance is operating. Do not leave unattended when in use.
14. Bread or food may burn, therefore the health grill mustn't be used near or below flammable materials.
15. The cord shouldn't hang over the edge of a table or counter, or touch a hot surface.
16. Keep away from hot gas and electrical burners.
17. Unplug when not in use and before cleaning.
18. Do not use attachments not recommended by the manufacturer.
19. This appliance is not intended to be operated by means of an external timer or a separate remote control system.
20. Don't use the health grill for anything other than its intended use.
21. Please don't dismantle. If a fault occurs have the health grill inspected in a qualified repair shop or return to us at ASDA.
22. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised. Keep the appliance and its cord out of reach of children less than 8 years.
23. ASDA does not recommend allowing children to operate this appliance.

24. This appliance is intended to be used in household and similar applications such as:
- staff kitchen areas in shops, offices and other working environments;
 - farm houses;
 - by clients in hotels, motels and other residential type environments;
 - bed and breakfast type environments.
25. The working state of the product is supervised, and the power is disconnected at the end of the work, so low power mode is not required.
26. Regarding the instructions for details on how to clean the surfaces in contact with food, please refer to the section 'How to clean your health grill'.

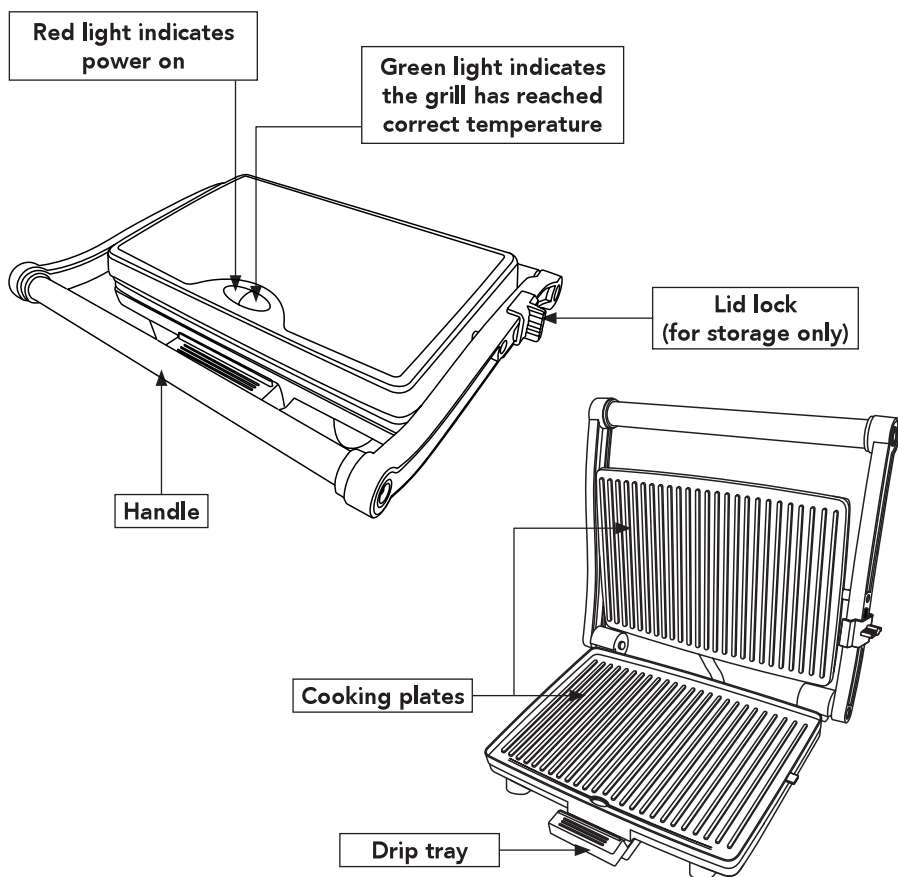
You should have

Health grill



How to...

...recognise the parts of your health grill



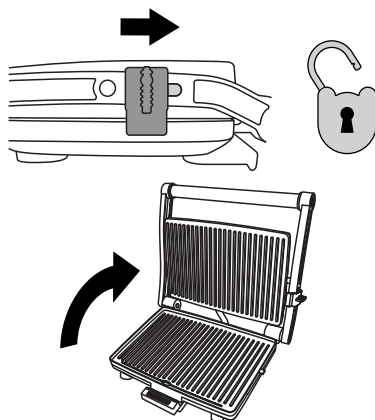
How to...

...use your health grill

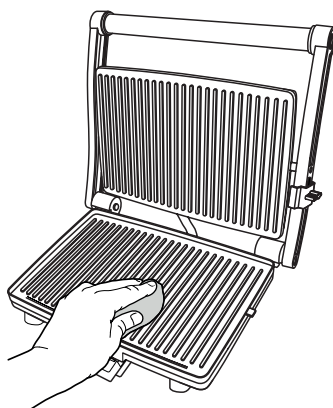
Please note

You can cook meat, fish, burgers, chicken and vegetables using your health grill. The grill is designed to cook using only the natural oils and fats in the food. During cooking much of the fat will be removed and collected in the container under the grill, to give you a healthier meal.

1. Place on a firm, level surface and slide the lid lock toward the back of the grill. Lift the lid upwards.

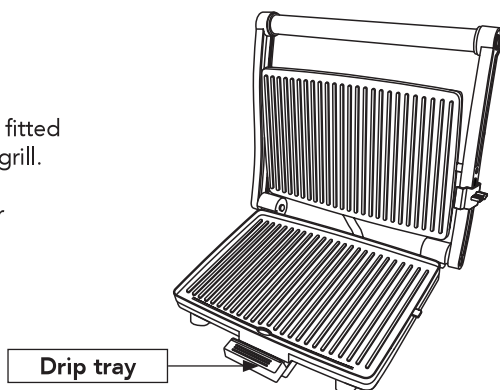


2. Before using, wipe the grill with a damp cloth to remove any residue. Then close the lid.

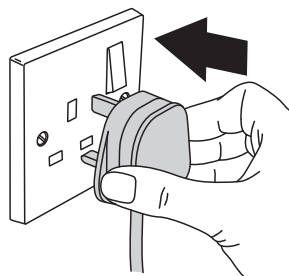


3. Always make sure the drip tray is fitted correctly before using the health grill.

This slots into the grill housing for easy access.



4. Slot the plug into the mains socket and turn the power on. The red indicator light on the grill lid will come on.

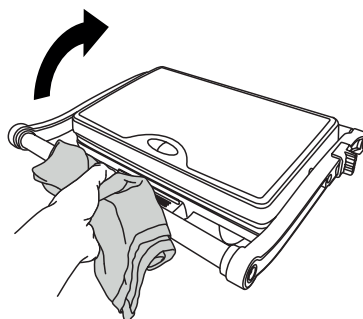


5. Your health grill needs to warm up to the correct temperature before use. The green indicator light will turn on when the grill is ready to use (this should take 3-4 minutes).

Open the lid using an oven glove or a thick cloth, as the handle may be hot.

It's important to ensure the lid is fully open, so it cannot fall down while you place food on the cooking plates.

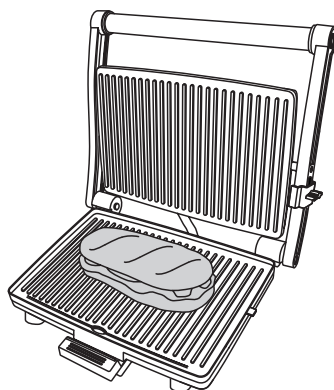
NOTE: The green light will come on periodically, which is perfectly normal and is simply an indication that the appliance is getting back up to the necessary temperature.



6. Place the panini or food onto the bottom cooking plate and carefully lower the lid.

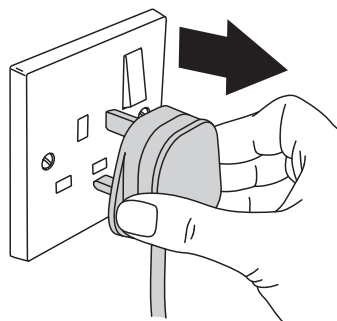
Do not try to operate the lid lock with food in the grill. This will damage the grill as the lid lock is only for storage use.

You won't need to turn the food over during cooking as the top and bottom plates are both heated for even cooking.



7. When the food is fully cooked, turn the power off at the socket and remove the plug.

Remove the food from the cooking plates using plastic or wooden tongs (never use metal items as these may damage the non-stick coating).



8. Allow the health grill to cool down, and clean the grill plates and drip tray (referring to the instructions on page 9) after every use.

How to...

...clean your health grill

Make sure the health grill is disconnected from the power and is completely cool.

1. Use a damp cloth to clean the outside (don't use metal polish, abrasive cleaners or scourers, as these can damage the health grill).
2. Scrape any lumps of cooked food off using plastic or wooden implements, then clean the plates with a cloth dipped in warm and soapy water.
3. Always dry the cooking plates with a cloth or paper towel before placing the health grill into storage.
4. After using the health grill, always put the drip tray into hot, soapy water (it's important to never store the health grill with a dirty drip tray).

How to...

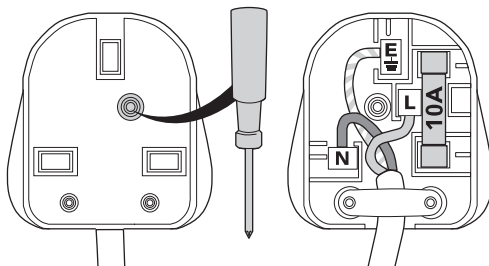
...change the fuse

1. Undo the screw in the middle of the plug using an appropriate screwdriver. Remove the fuse from the plug and replace with a 10 amp fuse.

Replace the cover.

WARNING:

Only ever use a 10 amp fuse.



Notes...



If for any reason you're not completely satisfied with our product, return it within 100 days with your proof of purchase, and we'll give you an exchange or a refund.

UK Mainland stores only.

Excludes franchises.

The guarantee excludes flat pack furniture, which can't be returned if it has been partly or fully assembled unless faulty or mis-described.

Also excludes mattresses, which can't be returned for hygiene reasons once used, unless faulty or mis-described.



For PDF copy of this manual please scan QR code and search for model number



Customer services information

If you have any problems, or just need some advice or more information on your product, then don't hesitate to contact customer services at the telephone number or address shown opposite. N.B. When calling or writing please have your product site code handy.

Call

0800 952 0101

Write

ASDA, Leeds LS11 5AD

Product name: **GHG101SS-19 Health grill**

Product site code: **15A.09.22.173**



To qualify for the 2 year warranty the appliance must have been used according to the manufacturer's instructions. For example kettles should have been regularly de-scaled.

If your appliance stops working or develops a fault then return it to your nearest store and we will happily replace or refund the item, with exception of the below exclusions:

EXCLUSIONS

ASDA shall not be liable to replace goods under the terms of the warranty where:

1. The fault has been caused or is attributable to accidental use, misuse, negligent use or use contrary to the user manual's recommendations or where the fault has been caused by power surges or damage caused in transit.
2. The appliance has been used on a voltage supply other than that described on the product rating label.
3. Repairs have been attempted by persons other than our service staff (or authorised dealer).
4. Where the appliance has been used for hire purposes or non-domestic use.
5. ASDA are not liable to carry out any type of servicing work, under the warranty.

This warranty does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This warranty is offered as an additional benefit and does not affect your statutory rights as a consumer.

If for any reason this item is replaced during the 2 year warranty period, the warranty on the new item will be calculated from original purchase date. It is vital to retain your original proof of purchase to indicate the date of initial purchase.

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Manufactured for:

ASDA, Leeds LS11 5AD/ASDA, Antrim BT41 4GY

Disposal

This symbol on the product or in the instructions means that your electrical and electronic equipment should be disposed at the end of its life separately from your household waste. There are separate collection systems for recycling in the UK.

For more information, please contact the local authority or your retailer where you purchased the product.

