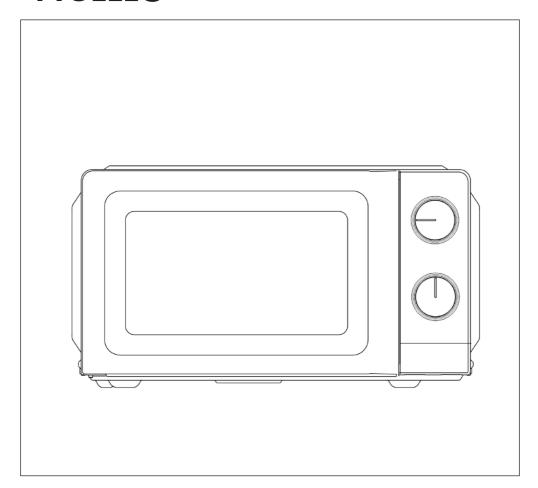
home.



GHMON0171B5G/GHMON0171W5G/ GHMON0171S5G

17L Manual microwave oven

User Guide

230-240V~ 50Hz, 1100W

IMPORTANT: RETAIN FOR FUTURE REFERENCE



About this guide

We've written this manual to help you get the most from your microwave. Please hold on to it for future reference.

WARNINGS:

THIS PRODUCT WAS DESIGNED AND MANUFACTURED TO MEET STRICT QUALITY AND SAFETY STANDARDS. THERE ARE, HOWEVER, SOME OPERATIONAL PRECAUTIONS YOU SHOULD BE AWARE OF.

WARNING!--TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK, FIRE, INJURY TO PERSONS OR EXPOSURE TO EXCESSIVE MICROWAVE ENERGY:

- 1. Read all instructions before using the appliance and keep for future reference.
- 2. Use this appliance only for its intended use as described in the manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat or cook food. It is not designed for industrial or laboratory use.
- 3. Do not operate the oven when empty.
- 4. Do not operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped. If the supply cord is damaged,

- it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
- 5. To reduce the risk of fire in the oven cavity:
- > When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
- > Remove wire twist-ties from paper or plastic bags before placing bag in oven.
- Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.
- > The microwave oven is intended for heating food and beverages. Drying of clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
- 6. WARNING: Liquid or other food must not be heated in sealed containers since they are liable to explode.
- 7. Microwave heating of beverage can result in delayed eruptive boiling, therefore care has to be taken when handle the container.
- 8. Do not fry food in the oven. Hot oil can damage oven parts and utensils and even result in skin burns.

- 9. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
- 10. Pierce foods with heavy skins such as potatoes, whole squashes, apples and chestnuts before cooking.
- 11. The contents of feeding bottles and baby food jars should be stirred or shaken and the temperature should be checked before consumption in order to avoid burns.
- 12. Cooking utensils may become hot because of heat transferred from the heated food. Potholders or oven gloves may be needed to handle the utensil.
- 13. Utensils should be checked to ensure that they are suitable for use in microwave oven.
- 14. WARNING: It is hazardous for anyone other than a trained person to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy.

15. This appliance is a Group 2 Class B

equipment. Group 2 equipment: group 2 contains all ISM RF equipment in which radio-frequency energy in the frequency range 9 kHz to 400 GHz is intentionally generated and used or only used locally, in the form of electromagnetic radiation, inductive and/or capacitive coupling, for treatment of material. inspection/analysis purposes, or for transfer of electromagnetic energy. Class B equipment is equipment suitable for locations in in residential environments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purposes.

- 16. The microwave oven is only to be used freestanding.
- 17. WARNING: Do not install microwave oven over an oven or hob or other heat-producing appliance.
- 18. The microwave oven shall not be placed in a cabinet.
- 19. The door or the outer surface may get hot when the appliance is operating.
- 20. Warning: Accessible parts may become

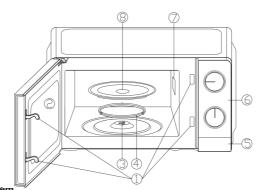
- hot during use. Young children should be kept away.
- 21. During use the appliance becomes hot. Care should be taken to avoid touching any parts inside the microwave oven.
- 22. The temperature of accessible surfaces may be high when the appliance is operating.
- 23. The appliance shall be placed against a wall.
- 24. WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.
- 25. This appliance is not intended to be operated by means of an external timer or separate remote-control system.
- 26. The microwave oven is for household use only and not for commercial use.
- 27. Please secure the turn table before you move the appliance to avoid damage.
- 28. The microwave oven is intended for defrosting, cooking and steaming of food only.
- 29. Use gloves if you remove any heated food.

- 30. Caution! Steam will escape, when opening lids or wrapping foil.
- 31. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- 32. If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- 33. Keep the waveguard cover clean at all times and wipe the interior with a damp cloth after each use. If you leave grease or fat it may overheat, smoke or catch fire.
- 34. Do not use attachments not recommended by the manufacturer.
- 35. Do not leave the microwave unattended when in use.

- 36. Unplug when not in use and before cleaning.
- 37. The appliance shall not be cleaned with a steam cleaner.
- 38. The door seals are located around the window and on the inside of the door.
- 39. The seals are not airtight, but although no microwaves are released it is normal for a small amount of air or steam to escape when the microwave is in use. Please don't dismantle. If a fault occurs have the microwave inspected in a qualified repair shop or return to us at ASDA.
- 40. ASDA does not recommend allowing children to operate this appliance.
 - -The oven should be cleaned regularly and any food deposits removed.
 - -Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
 - -Metallic containers for food and beverages are not allowed during microwave cooking.
- 41. Power consumption in off mode: 0.1 W.



...recognise the parts of your microwave



- 1. Door Safety Lock System
- 2. Oven Window
- 3. Shaft
- 4. Roller Ring
- 5. Door Release Button
- 6. Control Panel
- 7. Wave Guide

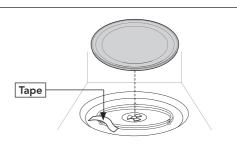
(Please do not remove the mica plate covering the wave guide)

8. Glass Tray

How to...

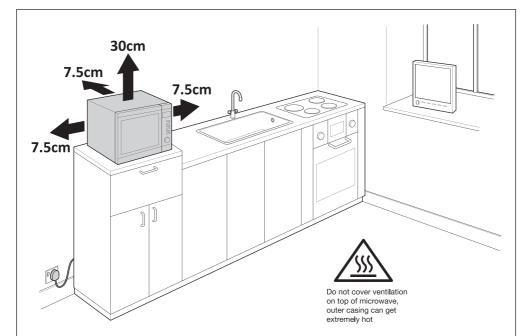
...assemble your microwave

- Remove any tape and place the turntable support in the centre of the recess on the floor of the microwave.
- Place the glass tray onto the turntable support, aligned with the turntable shaft.





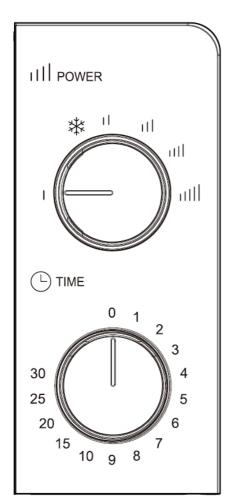
...best place your microwave



- 1. Do not place over a cooker or heat-producing appliance as this may cause damage.
- 2. Select a level surface that provides enough space for the outlet vents. Ensure the surface is strong enough to support the microwave (do not place inside cabinets).
- **3.** A minimum clearance of 7.5cm (3") is required between the microwave and any adjacent wall or surface.
- **4.** Leave a minimum of 30cm (12") above the microwave and **NEVER** place anything on top as this will block the vents.
- **5.** The microwave should be as far away from TVs and radios as possible. Using the microwave may cause interference with reception.
- **6.** The microwave must be positioned so the plug is accessible and the socket is within easy reach.
- 7. Plug the microwave into a suitable 13amp mains socket and ensure the voltage is the same as that in your home (do not use extension cables or mains socket adaptors).



...recognise the microwave control panel



The control panel consists of two function operators. One is a timer knob, and another a power knob.

POWER/ACTION SELECTOR

You use this operator knob to choose a cooking power level. It is the first step to start a cooking session.

TIMER KNOB

Offer visual timing settings at easy turn the dial clockwise to select a desired cooking time up to 30 minutes per cooking session.

MICROWAVE COOKING

For pure microwave cooking, there are six power levels from which to choose one as best fit to do the job at hand. Power level increases with the knob turning

Power level increases with the knob turning clockwise. The power levels can be classified as the following:

Power level	% of full power	Output
HIGH (IIII)	100%	700W
M.HIGH (IIII)	88%	616W
MED (III)	73%	511W
M.LOW (II)	52%	364W
DEFROST(株)	42%	294W
LOW(I)	20%	140W

...use your microwave

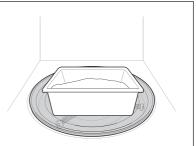
Please note

Do not use metal pans or items with a metal handle or trim (including wire twist-ties) or melamine dishes (as they contain material that absorbs microwave energy and may cause dishes to crack or burn). All cookware should be suitable for microwave use and no containers with restricted openings (e.g. bottles) should be used. If baby bottles are heated, the teat should not be left on.

1. Slot the plug into the mains socket and switch the power on.



- Place desired food to cook or defrost into a microwave-safe container, cover with a suitable cover (e.g. microwave-safe cling film).
 Always pierce coverings with a fork to allow the steam to escape.
- 3. Pull the door handle to open the microwave door and place the food centrally on the glass plate in the microwave. Ensure multiple items are equally spaced.

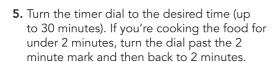


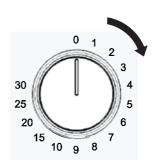
4. Close the door and turn the power dial to the required level. Always check the food packaging for microwave guidelines specific to that product.



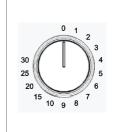






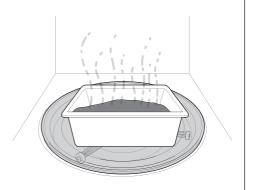


6. Once the timer has been set the microwave will automatically turn on and start cooking.



7. After the food has finished cooking the microwave will ding and turn off.

Leave the microwave for 30 seconds to 1 minute before opening the door, and removing the food with oven gloves.



...clean your microwave

Make sure the microwave is disconnected from the power and is completely cool. Failure to keep the microwave clean can lead to deterioration in the interior that could affect the life of the appliance and result in a hazardous condition.

- 1. When food or liquids stick to the microwave walls wipe clean with a damp cloth (do not use harsh detergents or abrasives).
- 2. You can clean the outside of the oven with a damp cloth and dry with a soft dry cloth. Don't allow water to seep into the ventilation openings.
- 3. Wipe the door and window on both sides regularly along with the door seals and adjacent parts with a damp cloth to remove spills or spatters. Do not use abrasive cleaners.
- **4.** The waveguide cover is on the right side of the oven this is where microwaves pass through to cook your food. **NEVER** remove the waveguide cover. It must be kept clean at all times by wiping with a mild detergent and water, then allowing to dry.
- **5.** Do not allow the control panel to become wet. Clean with a damp cloth and dry thoroughly.
- 6. If steam builds inside or around the microwave door, wipe away with a damp cloth.
- 7. If the inside of the microwave smells, mix the juice and skin of a lemon with some water in a microwavable bowl. Place in the microwave and heat for 3 minutes on full power, then wipe the inside of the microwave thoroughly with a dry cloth.
- **8.** Regularly clean the turntable support and oven floor by wiping the bottom of the oven with a mild detergent and water, then drying with a cloth. The turntable can be washed in warm soapy water, then dried thoroughly before placing back inside the microwave. Always make sure it is fitted back in correctly.





...solve common problems

Problem If the microwave doesn't work.	 What to do Ensure it is plugged in securely. Check the mains fuse has not been tripped (if it has, reset the fuse). See if another appliance works when plugged into the same socket (if it doesn't, the socket may be faulty). If the socket works, replace the fuse. 	
If the microwave will not heat food:	 Check the timer has not been set. Ensure the door is securely closed (as a safety feature, if the door is not fully shut the microwave will not operate). 	

Specifications

Rated voltage: 230-240V ~ 50Hz

Operating frequency: 2,450MHz

Power output: 700W

Outside dimensions: 243mm (H) X 446mm (W) X 333mm(D)

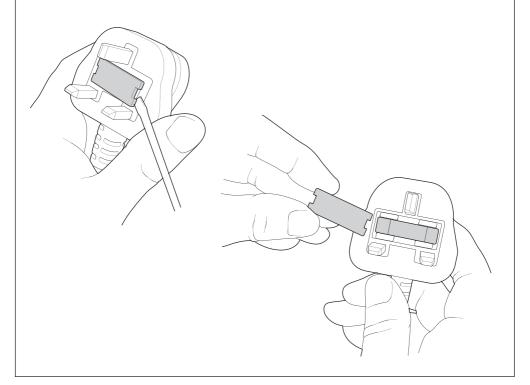
Oven capacity: 17 Litres

Weight (Approx): 9.4kg



...change the fuse

- 1. Only use a 13 amp fuse.
- **2.** To change the fuse, place a screwdriver into the recess of the plug cover and pull the fuse holder upward until it's free.
- 3. Slide the fuse out and pop in the replacement.
- **4.** Slot the fuse holder back into the recess and push down until it locks into place.







Notes...







If for any reason you're not completely satisfied with our product, return it within 100 days with your proof of purchase, and we'll give you an exchange or a refund.

UK Mainland stores only.

Excludes franchises.

The guarantee excludes flat pack furniture, which can't be returned if it has been partly or fully assembled unless faulty or mis-described.

Also excludes mattresses, which can't be returned for hygiene reasons once used, unless faulty or mis-described.

Need something else?

www.GEORGE.com

We have a wide range of accessories and other products that can be ordered direct to your door.

For PDF copy of this manual please scan QR code and search for model number





Customer services information

If you have any problems, need more information or spare parts, or even just some advice on your product, then don't hesitate to contact customer services at the telephone number or address shown opposite. N.B. When calling or writing please have your product site code handy.

Call

0800 952 0101

Write

ASDA, Leeds LS11 5AD.

Product name:

GHMON0171B5G/GHMON0171W5G/

GHMON0171S5G

17L Manual microwave oven

Product site code: 15A.06.25.103/15A.06.25.104/

15A.06.25.105





To qualify for the 2 year warranty the appliance must have been used according to the manufacturer's instructions. For example kettles should have been regularly de-scaled.

If your appliance stops working or develops a fault then return it to your nearest store and we will happily replace or refund the item, with exception of the below exclusions:

EXCLUSIONS

ASDA shall not be liable to replace goods under the terms of the warranty where:

- The fault has been caused or is attributable to accidental use, misuse, negligent use or use contrary to the user manual's recommendations or where the fault has been caused by power surges or damage caused in transit.
- 2. The appliance has been used on a voltage supply other than that described on the product rating label.
- 3. Repairs have been attempted by persons other than our service staff (or authorised dealer).
- Where the appliance has been used for hire purposes or non-domestic use.
- 5. ASDA are not liable to carry out any type of servicing work, under the warranty.

This warranty does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This warranty is offered as an additional benefit and does not affect your statutory rights as a consumer.

If for any reason this item is replaced during the 2 year warranty period, the warranty on the new item will be calculated from original purchase date. It is vital to retain your original proof of purchase to indicate the date of initial purchase.

Copyright

© 2025 ASDA Stores Limited.

All other trademarks appearing herein are the property of their representative owners.

Specifications are subject to change without notice.

Manufactured for: ASDA, Leeds LS11 5AD/ ASDA, Antrim BT41 4GY.

Disposal

This symbol on the product or in the instructions means that your electrical and electronic equipment should be disposed at the end of its life separately from your household waste. There are separate collection systems for recycling in the UK.

For more information, please contact the local authority or your retailer where you purchased the product.





