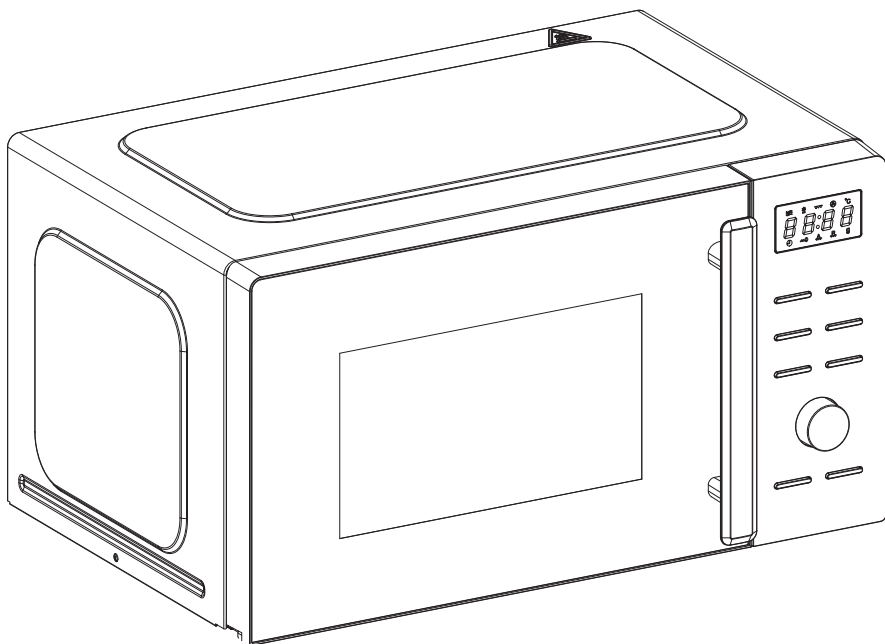


George.
home



GHMOS001B4W 17L Microwave grill

User Guide

220-240V~50Hz,
1100W microwave input power,
800W grill power

IMPORTANT: RETAIN FOR FUTURE REFERENCE

About this guide

We're here to help you get the most from your microwave, so please keep hold of this manual for future use.

WARNINGS:

THIS PRODUCT WAS DESIGNED AND MANUFACTURED TO MEET STRICT QUALITY AND SAFETY STANDARDS. THERE ARE, HOWEVER, SOME OPERATIONAL PRECAUTIONS YOU SHOULD BE AWARE OF.

1. Read all warnings & instructions in this manual to ensure you get the best out of your product.
2. For household use only. Only use this appliance for its intended purpose as described in this manual. This appliance is only suitable for domestic use and is not designed for commercial use.
3. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised.
4. Keep the appliance and its cord out of reach of children less than 8 years.
5. ASDA does not recommend allowing children to operate this appliance.
6. **WARNING:** If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.

7. **WARNING:** It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
8. **WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode.
9. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid hazard.
10. Do not use if the appliance, cord or plug is damaged.
11. The cord shouldn't hang over the edge of a table or counter, or touch a hot surface.
12. To avoid fire, electric shock, or injury, never immerse the microwave, cord, or plug in water or liquid. Do not use with wet hands.
13. Always place on a firm, level surface, out of reach of children.
14. Before connecting the microwave to the power, check the voltage shown on the appliance corresponds with the voltage for the mains supply of the country you are in. If it doesn't, contact your local store.
15. Please don't dismantle. If a fault occurs, have the slow cooker inspected in a qualified repair shop or return to us at Asda.
16. Remove all packaging prior to use. Inspect the product for any damage before use. If damage is found, notify ASDA to exchange the product.
17. Leave a minimum of 30cm (12") above the microwave and never place items on top as this will block the vents.
18. Only use utensils that are suitable for use in microwave ovens.
19. Do not place metallic containers or utensils in the oven whilst cooking in microwave or combi modes.
20. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
21. The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.

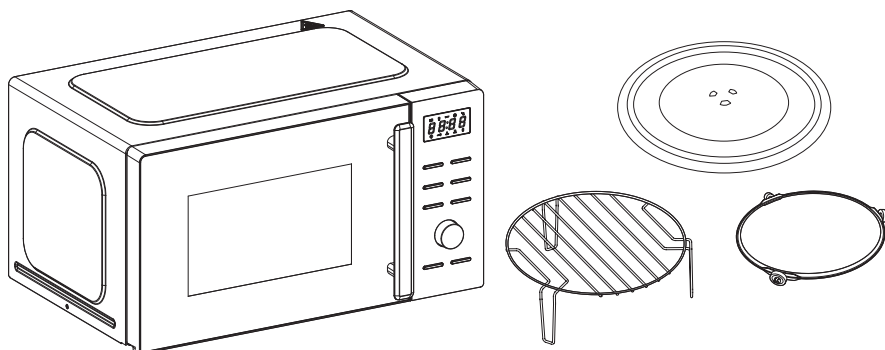
22. If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
23. Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.
24. The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
25. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
26. The oven should be cleaned regularly and any food deposits removed.
27. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
28. The appliance shall not be cleaned with a steam cleaner.
29. The microwave oven is only used in freestanding; the microwave oven shall not be placed in a cabinet.
30. Do not use attachments not recommended by the manufacturer. Only use thermometers approved for use in microwaves.
31. Keep away from harsh or abrasive cleaning agents or solvents.
32. Do not use the microwave when it is empty as this could lead to damage.
33. Never put any objects into the outer case openings or remove parts of the microwave (e.g. the feet and screws).
34. Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
35. The door seals are located around the window and on the inside of the door. The seals are not airtight, but although no microwaves are released it is normal for a small amount of air or steam to escape when the microwave is in use.
36. Do not use plastic containers for food that has a high content of fat or sugar.

37. Do not use this microwave to deep fry foods.
38. Avoid cooking foods surrounded by membrane (e.g. egg yolks, potatoes, chicken livers and ready meals) without piercing them with a fork several times.
39. If you use plastic film when re-heating or cooking food, use only film designed for microwave ovens and ensure that the film does not touch the food. If necessary, pierce the film all over to allow the steam to escape.
40. When grill cooking, do not use paper or plastic containers, or plastic film. Dishes for combination-cooking should be heatproof and microwave safe.
41. Always stir microwaved foods to distribute the heat evenly, then leave to stand for a few minutes. Make sure to test the temperature of cooked food before eating.
42. Food containing a mix of fat and water (e.g. stock) should be left to stand for 30-60 seconds in the microwave after it is cooked. This allows the mixture to settle and prevents it from bubbling.
43. Certain foods may heat quicker than others (e.g. jam and puddings).
44. Use gloves if you remove any heated food.
45. Do not overheat food.
46. Food can burn if overcooked. If you're unsure about how long to cook a particular food for, start with a short cooking time and check regularly.
47. The outer-casing may become hot during use, so always place on a heat-resistant surface and use with caution.
48. Beware when opening lids as hot steam will escape.
49. The door or the outer surface may get hot when the appliance is operating.
50. Keep the waveguard cover clean at all times and wipe the interior with a damp cloth after each use. If you leave grease or fat it may overheat, smoke or catch fire.
51. Do not leave the microwave unattended when in use.
52. Unplug when not in use and before cleaning.
53. The appliance is not intended to be operated by means of an external timer or separate remote-control system.

54. Environmental information: If at anytime in the future you should need to dispose of this product, please note that, in the UK, waste electrical products/batteries should not be disposed of with household waste.
55. This appliance is a Group 2 Class B equipment.
Group 2 equipment: group 2 contains all ISM RF equipment in which radio-frequency energy in the frequency range 9 kHz to 400 GHz is intentionally generated and used or only used locally, in the form of electromagnetic radiation, inductive and/or capacitive coupling, for the treatment of material, for inspection/analysis purposes, or for transfer of electromagnetic energy.
Class B equipment is equipment suitable for use in locations in residential environments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purposes.

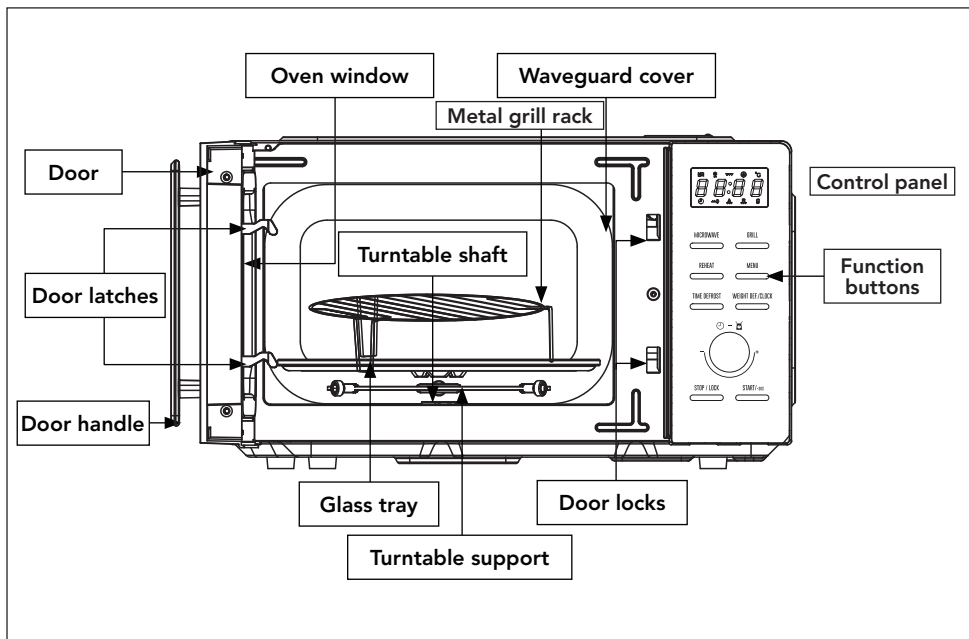
You should have

Digital microwave oven, glass tray, turntable support & metal grill rack



How to...

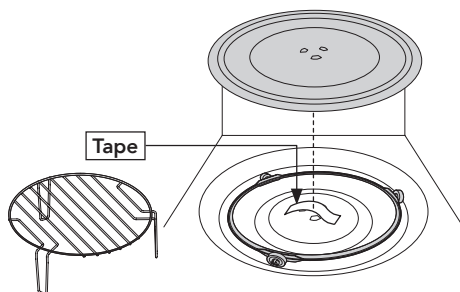
...recognise the parts of your microwave grill



How to...

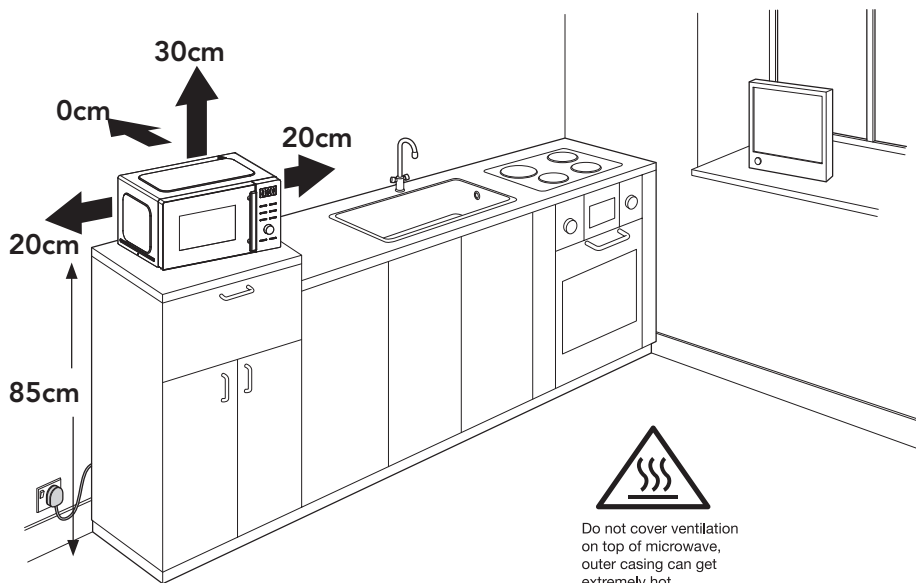
...assemble your microwave grill

1. Remove any tape and place the turntable support in the centre of the recess on the floor of the microwave.
2. Place the glass tray onto the turntable support, aligned with the turntable shaft.



How to...

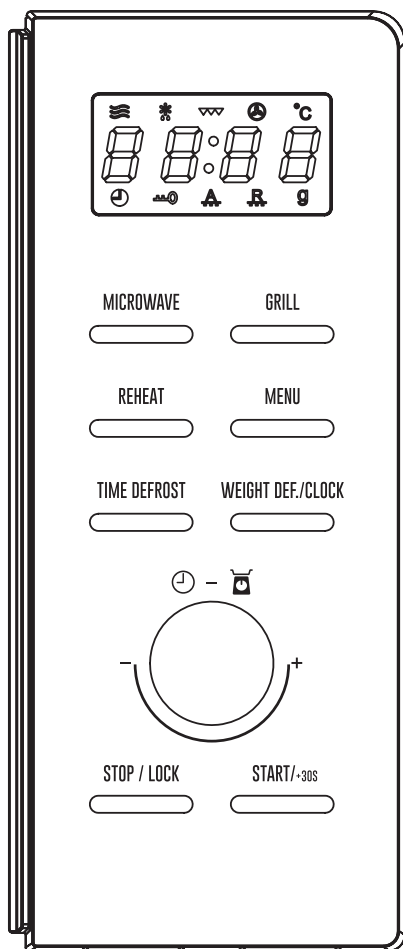
...best place your microwave grill



1. Do not place over a cooker or heat-producing appliance as this may cause damage.
2. Select a level surface that provides enough space for the outlet vents. Ensure the surface is strong enough to support the microwave (do not place inside cabinets).
3. A minimum clearance of 20cm (8") is required between the microwave and any adjacent wall or surface.
4. Leave a minimum of 30cm (12") above the microwave and **NEVER** place anything on top as this will block the vents.
5. The microwave should be as far away from TVs and radios as possible. Using the microwave may cause interference with reception.
6. The microwave must be positioned so the plug is accessible and the socket is within easy reach.
7. Plug the microwave into a suitable 13 amp mains socket and ensure the voltage is the same as that in your home (do not use extension cables or mains socket adaptors).

How to...

...recognise the microwave control panel



DISPLAY

All cooking times, power level action icons and time are displayed here.

MICROWAVE

Press to select a power rate to cook the food at.

GRILL

Press to enter the grill mode. Grill cooking enables a wide range of foods to be cooked and browned in operation.

REHEAT

Press this button to select weight for reheating.

MENU

Press this button to select auto cook menu.

TIME DEFROST

Press to programme the time for the food you wish to defrost.

WEIGHT DEF./CLOCK

Press to programme the weight (in grams) of the food you wish to defrost.

Keep pressing for more than 3 seconds to set the clock.



Turning the dial will scroll you through the preset menu for cooking certain types of food. It is also used in other functions to adjust timings and weight.

STOP/LOCK

Press once to stop or pause cooking, then again to cancel the remaining cooking time.

Keep pressing for more than 3 seconds to set the child lock.

START/+30s

Press once to start cooking, then again to add 30 seconds to the cooking time per press.

How to...

...use your microwave

Please note

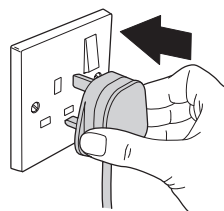
All cookware should be suitable for microwave use and no containers with restricted openings (e.g. bottles) should be used. If baby bottles are heated, the teat should not be left on. Only use oven-proof dishes when in grill mode. Please use the table below as a guide for what is suitable to use in each mode.

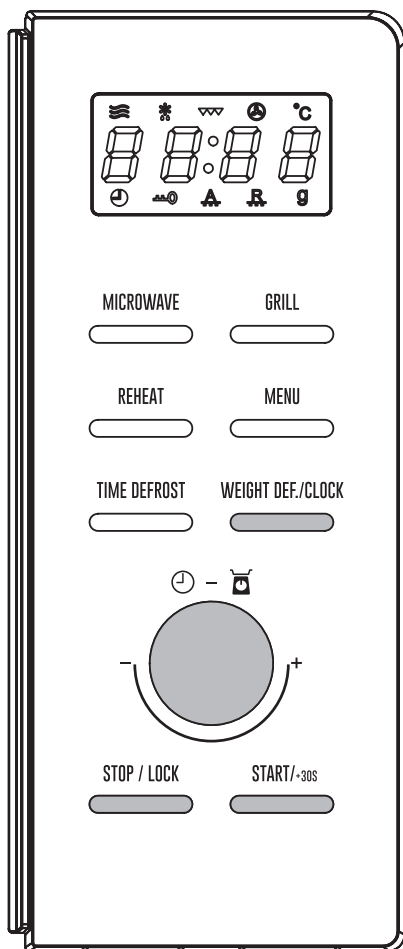
Cookware	Microwave mode	Grill mode	Combination mode
Heat resistant glass	Yes	Yes	Yes
Heat resistant ceramics	Yes	Yes	Yes
Microwave safe plastics	Yes	No	No
Kitchen roll paper	Yes	No	No
Foil containers	No	Yes	No
Aluminium foil	No	Yes	No
Metal tray / rack	No	Yes	No
Plastic film	Yes	No	No

Wax paper, oven cooking bags and parchment paper are safe for microwave use. Aluminium foil should only be used if the recipe requires it and only on grill mode. Keep foil at least 2.5cm away from the oven walls.

Do not use metal pans or items with a metal handle or trim (including wire twist-ties) or melamine dishes (as they contain material that absorbs microwave energy and may cause dishes to crack or burn) when using in the normal microwave or combination modes.

1. Slot the plug into the mains socket and switch the power on.
2. The microwave will 'BEEP' once and the display will show 1:00.



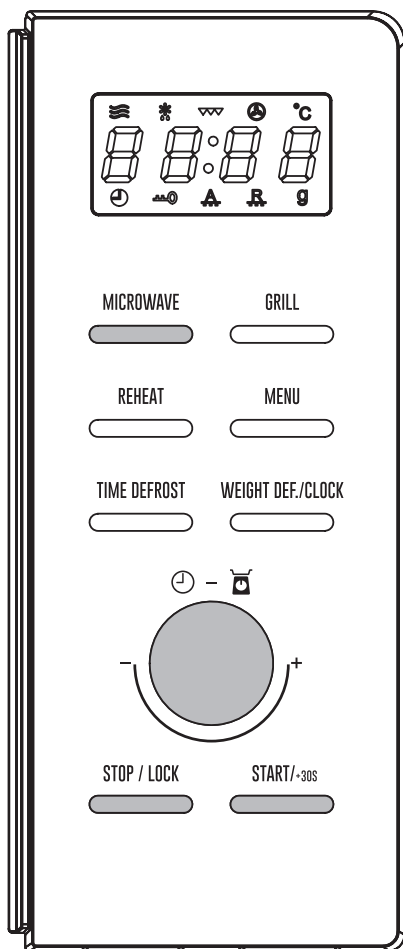


Setting the clock

1. Press the **WEIGHT DEF./CLOCK** button more than 3 seconds to set the time. The clock is in a 24 hour cycle.
2. Turn the - dial clockwise to scroll through the hours. Press the **START/+30S** button again to move onto the minutes.
3. Turn the - dial to scroll through the minutes. Press the **START/+30S** to save the time setting.

NOTE: You can press the **STOP/lock** button to come out of the clock function and it will return to the original time setting.

NOTE: The microwave won't work during the clock setting process.



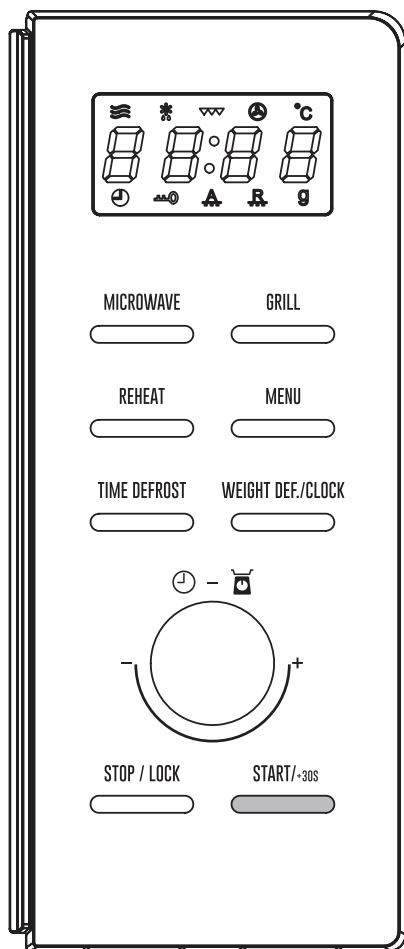
Microwave

1. Place the food you wish to cook into the microwave on the centre of the glass tray and close the door.
2. Press the **Microwave** button repeatedly until the desired power output is selected.

Press Button	Power Level	Output
Once	100%	100P
Twice	80%	80P
Three times	50%	50P
Four times	30%	30P
Five times	10%	10P

3. Then turn the - dial clockwise to select the desired cooking time. Press the **START/+30s** button to confirm the time and start cooking.

NOTE:The microwave can cook from 10 seconds through to 60 minutes. If you press the Microwave button whilst the food is cooking the display will show the power level for 2-3 seconds. If the door is opened in any cooking mode, the microwave will stop. When the door is closed, you must press the **START/+30s** button to resume cooking. In any cooking mode should you wish to stop cooking, simply press the **STOP/lock** button to clear all cooking settings.



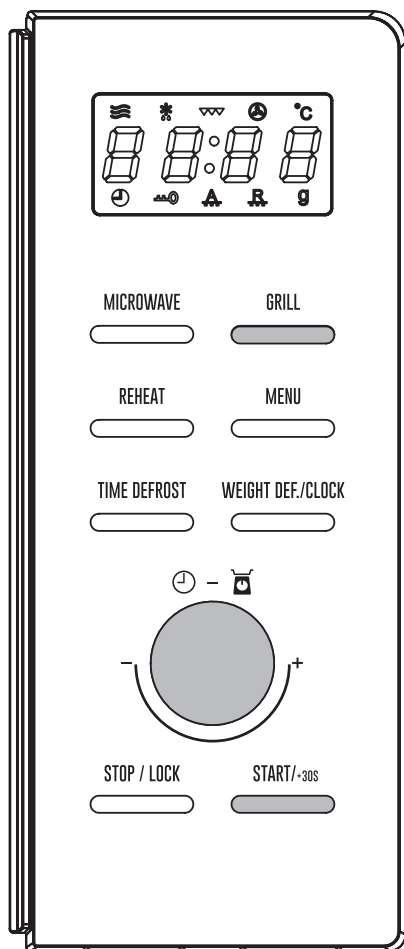
Quick start cooking

This allows you to cook food at 100% power for anywhere between 30 seconds to 60 minutes.

1. Simply place your food inside the microwave, centrally on the glass tray and press the **START/+30s** button to start cooking. Remember, when you press the button the microwave will start to cook the food for 30 seconds, so just continue to press it until the desired time is reached.

Start/+30 sec/ Confirm	Cooking time
Once	30 seconds
Twice	1 minute
Three times	1 min 30 sec
Four times	2 minutes
Five times	2 mins 30 sec
You can press the START/+30s button numerous times, up to 60 minutes	

2. When the time has finished, the microwave will 'BEEP' sound and the END will appear in the display.



Grill cooking

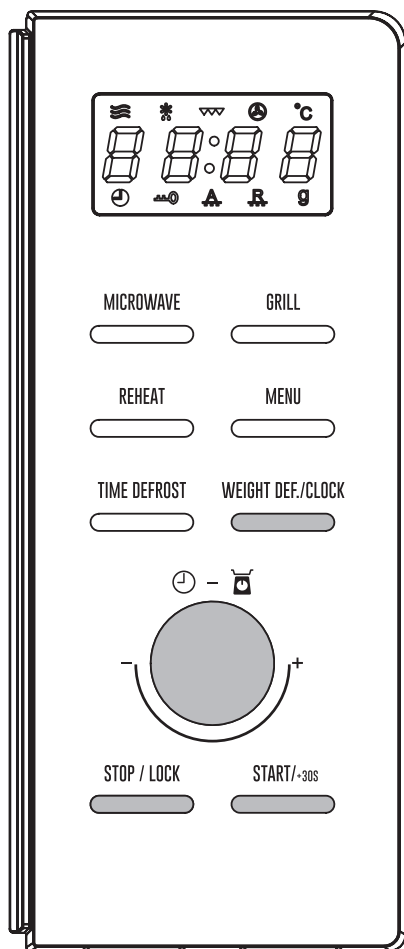
The grill mode is useful for cooking various meats. It is also useful for hot sandwiches.

1. Place the metal grill rack on the glass turntable. It is useful to brush the metal grill rack with some oil to stop food sticking to it. It is also advisable to place the metal grill rack in an oven proof dish to catch any drips from the cooking food and help keep the oven clean.
2. Place the food you wish to cook into the microwave on the centre of the metal rack and close the door.
3. Press the **Grill** button once. A 'G' will appear in the display. Press the GRILL button two or three times to select the desired combination mode. Either 'C-1' or 'C-2'.

Gill mode	Microwave	Grill
G	-	100%
C-1	30%	70%
C-2	55%	45%

4. Then turn the - dial clockwise to select the desired cooking time. Press the **START/+30s** button to confirm the time and start cooking.

NOTE: The microwave can cook from 10 seconds through to 60 minutes. Half way through the grilling cooking time the microwave will 'BEEP' sound, at this point you should turn over the food. Press **START/+30s** button to resume the cooking.

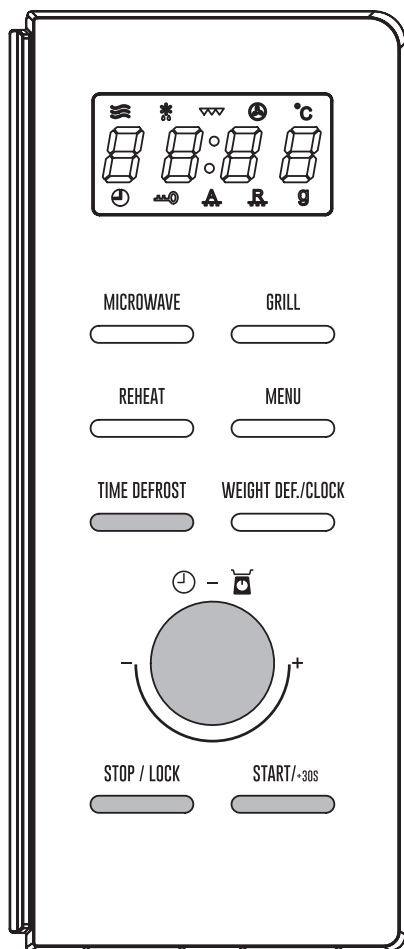


Defrost by weight [Display shows "DEF1"]

This is used to set the time to defrost food using its weight. The food weight range is 100-1500g in 100g intervals.

1. Weigh the food you wish to defrost in grams and then place it in the microwave.
2. Press the **WEIGHT DEF./CLOCK** button. To enter the weight of the food you wish to defrost, turn the - dial clockwise until you reach the desired weight.
3. Press the **START/+30s** button to start defrosting (if the food weighs less than 100g or more than 1500g you won't be able to defrost it).
4. The defrost program automatically calculates the defrost time based on the food weight.

NOTE: You can pause the defrosting by pressing the **STOP/lock** button once. This is useful if you wish to stir your food at any point. To resume the defrosting simply press the **Start/+30s** button.



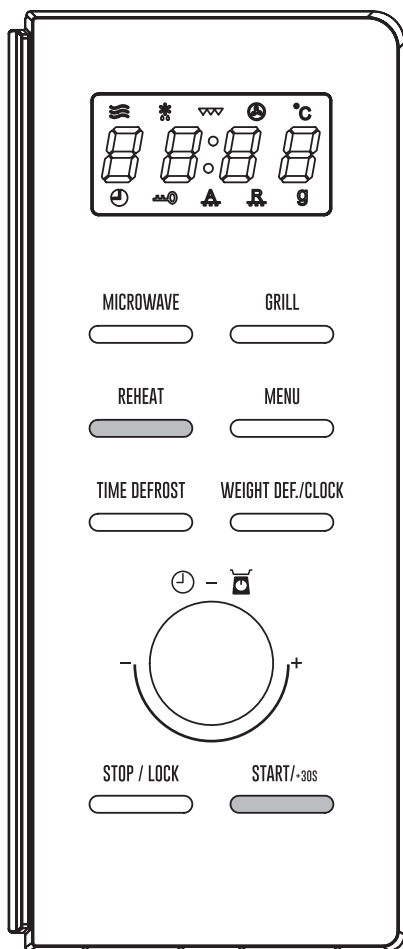
Defrost by time [Display shows "dEF2"]

This is used to quickly defrost food, using time. The time range is 10 seconds to 60 minutes.

1. Place the food you wish to defrost in the microwave.
2. Press the **TIME DEFROST** button once so the digital display reads 'dEF2'.
3. Turn the - dial clockwise until you reach the desired time.
4. Press the **START/+30s** button to start defrosting.

NOTE: You can pause the defrosting by pressing the **STOP/lock** button once. This is useful if you wish to stir your food at any point. To resume the defrosting simply press the **Start/+30s** button.

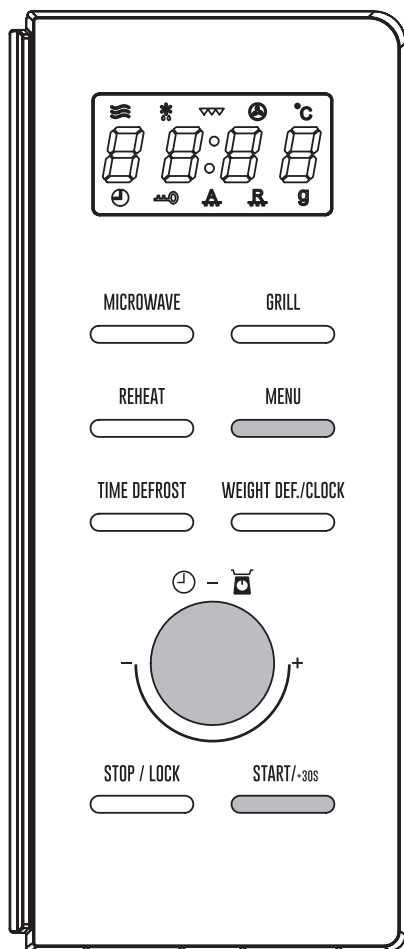
Always ensure food is fully defrosted before cooking. This is particularly important with poultry.



REHEAT

NOTE: If you just need a quick reheat, the reheat function is the ideal programme for you.

1. Simply press the **Reheat** button to select the desired weight, "200", "400", "600", "800" and "1000" g will display in order.
2. Press **START/+30s** to cook, microwave will BEEP once. When cooking finishes, microwave will BEEP sound and then turn back to waiting state.



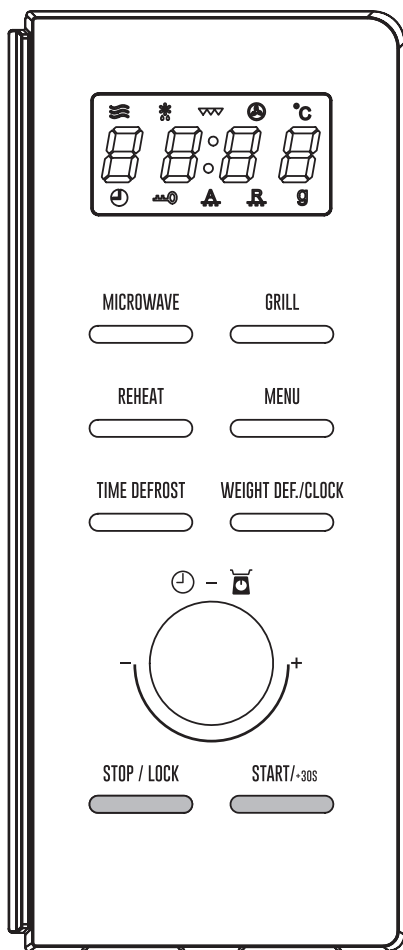
Menu

There are eight preset menus that can be used for easy cooking.

1. Press the **MENU** button to select auto cook, it will display: 'A.1 – A.8'. Continue to press the button to access the other auto selections, up to "A.8". The preset menu is listed below:
2. Turn the - dial to select the weight.
3. Press the **START/+30s** button to start the cooking.



Code	Food	Weight
A-1	Potato	250g, 500g or 750g
A-2	Pasta	50g, 100g or 150g
A-3	Pizza	200g or 400g
A-4	Popcorn	100g
A-5	Vegetable	200g, 400g or 600g
A-6	Beverage	1 cup(250ml), 2 cup(500ml) or 3 cup(750ml)
A-7	Meat	200g, 400g or 600g
A-8	Fish	200g, 400g or 600g

4. The results of auto cooking depend on fluctuations such as voltage, shape and size of food and where the food is placed on the glass tray.



Child lock function

This prevents children from using the microwave by deactivating all of the buttons.

1. To activate, press and hold the **STOP/ lock** button for 3 seconds. You'll hear a 'BEEP' and the child lock symbol will  light up on the display.
2. To disable the child lock, press and hold the **STOP/ lock** button for 3 seconds until you hear a 'BEEP' and the symbol  disappears.

How to...

...clean your microwave

Make sure the microwave is disconnected from the power and is completely cool before cleaning. Failure to keep the microwave clean can lead to deterioration in the interior that could affect the life of the appliance and result in a hazardous condition.

1. When food or liquids stick to the microwave walls, wipe clean with a damp cloth (do not use harsh detergents or abrasives).
2. You can clean the outside of the oven with a damp cloth and dry with a soft dry cloth. Don't allow water to seep into the ventilation openings.
3. Wipe the door and window on both sides regularly along with the door seals and adjacent parts with a damp cloth to remove spills or splatters. Do not use abrasive cleaners.
4. The waveguide cover is on the right side of the oven – this is where microwave pass through to cook the food. NEVER use the microwave without the waveguide cover. If it is damage please contact the technical helpline for a replacement. It must be kept clean at all times by wiping with a mild detergent and water, then allowing to dry.
5. Do not allow the control panel to become wet. Clean with a damp cloth and dry thoroughly.
6. If steam builds inside or around the microwave door, wipe away with a damp cloth.
7. If the inside of the microwave smells, mix the juice and skin of a lemon with some water in a microwavable bowl. Place in the microwave and heat for 3 minutes on full power, then wipe the inside of the microwave thoroughly with a dry cloth.
8. Regularly clean the turntable support and oven floor by wiping the bottom of the oven with a mild detergent and water, then drying with a cloth. The turntable can be washed in warm soapy water, then dried thoroughly before placing back inside the microwave. Always make sure it is fitted back in correctly.

How to...

...solve common problems

Problem

If the microwave doesn't work.

What to do

1. Ensure it is plugged in securely.
2. Check the mains fuse has not been tripped (if it has, reset the fuse).
3. See if another appliance works when plugged into the same socket (if it doesn't, the socket may be faulty).
4. If the socket works, replace the fuse.

Problem

If the microwave will not heat food:

What to do

1. Check the timer has not been set.
2. Ensure the door is securely closed (as a safety feature, if the door is not fully shut the microwave will not operate).
3. See if the child lock is in operation.

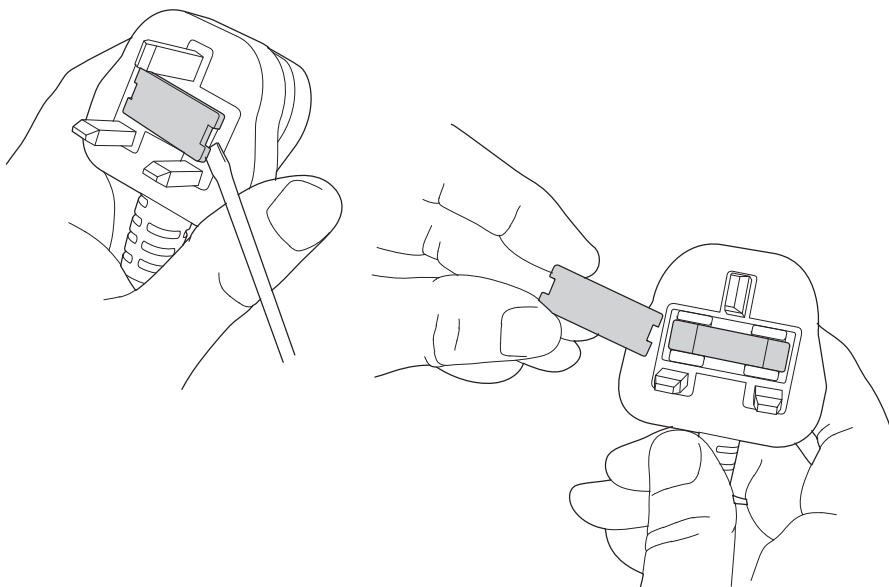
Specifications

Rated voltage:	220-240V ~ 50Hz
Operating frequency:	2450 MHz
Power output microwave:	700W
Power input grill:	800W
Outside dimensions:	264mm(H) x 456mm(W) x 353mm(D)
Oven capacity:	17 Litres
Weight (Approx):	11kg

How to...

...change the fuse

1. Only use a 13 amp fuse.
2. To change the fuse, place a screwdriver into the recess of the plug cover and pull the fuse holder upward until it's free.
3. Slide the fuse out and pop in the replacement.
4. Slot the fuse holder back into the recess and push down until it locks into place.





If for any reason you're not completely satisfied with our product, return it within 100 days with your proof of purchase, and we'll give you an exchange or a refund.

UK Mainland stores only.

Excludes franchises.

The guarantee excludes flat pack furniture, which can't be returned if it has been partly or fully assembled unless faulty or mis-described.

Also excludes mattresses, which can't be returned for hygiene reasons once used, unless faulty or mis-described.



For PDF copy of this manual please scan QR code and search for model number



Customer services information

If you have any problems, need more information or spare parts, or even just some advice on your product, then don't hesitate to contact customer services at the telephone number or address shown opposite. N.B. When calling or writing please have your product site code handy.

Call

0800 952 0101

Write

ASDA, Leeds LS11 5AD

Product name: **GHMOS001B4W 17L Microwave grill**

Product site code: **15A.06.24.075**



To qualify for the 2 year warranty the appliance must have been used according to the manufacturer's instructions. For example kettles should have been regularly de-scaled.

If your appliance stops working or develops a fault then return it to your nearest store and we will happily replace or refund the item, with exception of the below exclusions:

EXCLUSIONS

ASDA shall not be liable to replace goods under the terms of the warranty where:

1. The fault has been caused or is attributable to accidental use, misuse, negligent use or use contrary to the user manual's recommendations or where the fault has been caused by power surges or damage caused in transit.
2. The appliance has been used on a voltage supply other than that described on the product rating label.
3. Repairs have been attempted by persons other than our service staff (or authorised dealer).
4. Where the appliance has been used for hire purposes or non-domestic use.
5. ASDA are not liable to carry out any type of servicing work, under the warranty.

This warranty does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This warranty is offered as an additional benefit and does not affect your statutory rights as a consumer.

If for any reason this item is replaced during the 2 year warranty period, the warranty on the new item will be calculated from original purchase date. It is vital to retain your original proof of purchase to indicate the date of initial purchase.

Copyright

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Manufactured for:

ASDA, Leeds LS11 5AD/ASDA, Antrim BT41 4GY.

Disposal

This symbol on the product or in the instructions means that your electrical and electronic equipment should be disposed at the end of its life separately from your household waste. There are separate collection systems for recycling in the UK.

For more information, please contact the local authority or your retailer where you purchased the product.

