

In case of any differences between the appliance and the pictures in this manual, the product shall prevail.

GDM001B-22/GDM001W-22/GHMON101S4M 17L Digital Microwave Oven

User Guide

230-240V~50Hz, 1100-1150W

IMPORTANT: RETAIN FOR FUTURE REFERENCE

About this guide

We've written this manual to help you get the most from your microwave. Please hold on to it for future reference.

WARNINGS:

THIS PRODUCT WAS DESIGNED AND MANUFACTURED TO MEET STRICT QUALITY AND SAFETY STANDARDS. THERE ARE, HOWEVER, SOME OPERATION PRECAUTIONS YOU SHOULD BE AWARE OF.

- 1. Read all warnings & instructions in this manual to ensure you get the best out of your product.**
- 2. For household use only. Only use this appliance for its intended purpose as described in this manual. This appliance is only suitable for domestic use and is not designed for commercial use.**
- 3. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.**
- 4. WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.**
- 5. WARNING: It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.**
- 6. WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode.**

7. Leave a minimum of 30cm (12") above the microwave and never place items on top as this will block the vents.
8. Only use utensils that are suitable for use in microwave ovens.
9. Metallic containers for food and beverages are not allowed during microwave cooking.
10. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
11. The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
12. If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
13. Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container
14. The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
15. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
16. The oven should be cleaned regularly and any food deposits removed.
17. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
18. The microwave oven is only used in freestanding; the microwave oven shall not be placed in a cabinet.
19. The appliance shall not be cleaned with a steam cleaner.
20. Do not operate this appliance if it has a damaged cord or plug. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

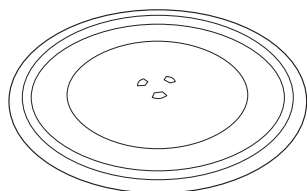
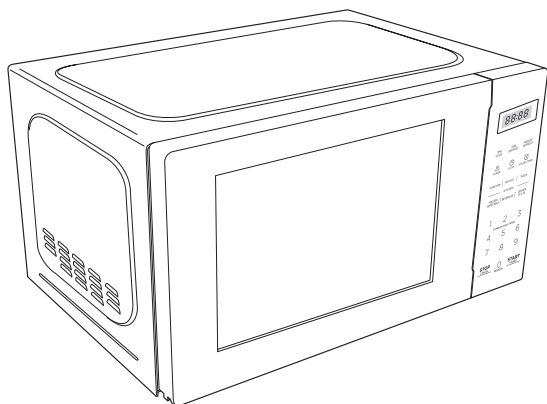
21. To avoid fire, electric shock, or injury, never immerse the microwave, cord, or plug in water or liquid.
22. Do not use attachments not recommended by the manufacturer. Only use thermometers approved for use in microwaves.
23. Keep away from harsh or abrasive cleaning agents or solvents.
24. Remove all protective wrapping prior to use.
25. Before connecting the microwave to the power, check the voltage shown on the appliance corresponds with the voltage in your home. If it doesn't, contact your local store.
26. The cord shouldn't hang over the edge of a table or counter, or touch a hot surface.
27. Do not use the microwave when it is empty as this could lead to damage.
28. Always place on a firm, level surface, out of reach of children.
29. Never put any objects into the outer case openings or remove parts of the microwave (e.g. the feet and screws).
30. Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
31. The door seals are located around the window and on the inside of the door. The seals are not airtight, but although no microwaves are released it is normal for a small amount of air or steam to escape when the microwave is in use.
32. Do not use plastic containers for food that has a high content of fat or sugar.
33. Do not use this microwave to deep fry foods.
34. Avoid cooking foods surrounded by membrane (e.g. egg yolks, potatoes, chicken livers and ready meals) without piercing them with a fork several times.
35. Always stir microwaved foods to distribute the heat evenly, then leave to stand for a few minutes. Make sure to test the temperature of cooked food before eating.
36. Food containing a mix of fat and water (e.g. stock) should be left to stand for 30-60 seconds in the microwave after it is cooked. This allows the mixture to settle and prevents it

from bubbling.

37. Certain foods may heat quicker than others (e.g. jam and puddings).
38. Use gloves if you remove any heated food.
39. Do not overheat food.
40. The outer-casing may become hot during use, so always place on a heat-resistant surface and use with caution.
41. Beware when opening lids as hot steam will escape.
42. The door of the outer surface may get hot when the appliance is operating.
43. Keep the waveguard cover clean at all times and wipe the interior with a damp cloth after each use. If you leave grease or fat it may overheat, smoke or catch fire.
44. Do not leave the microwave unattended when in use.
45. Unplug when not in use and before cleaning.
46. Please don't dismantle. If a fault occurs have the microwave inspected in a qualified repair shop or return to us at Asda.
47. ASDA does not recommend allowing children to operate this appliance.
48. This appliance is a Group 2 Class B equipment.
Group 2 equipment: group 2 contains all ISM RF equipment in which radio-frequency energy in the frequency range 9 kHz to 400 GHz is intentionally generated and used or only used locally, in the form of electromagnetic radiation, inductive and/or capacitive coupling, for the treatment of material, for inspection/analysis purposes, or for transfer of electromagnetic energy.
Class B equipment is equipment suitable for use in locations in residential environments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purposes.

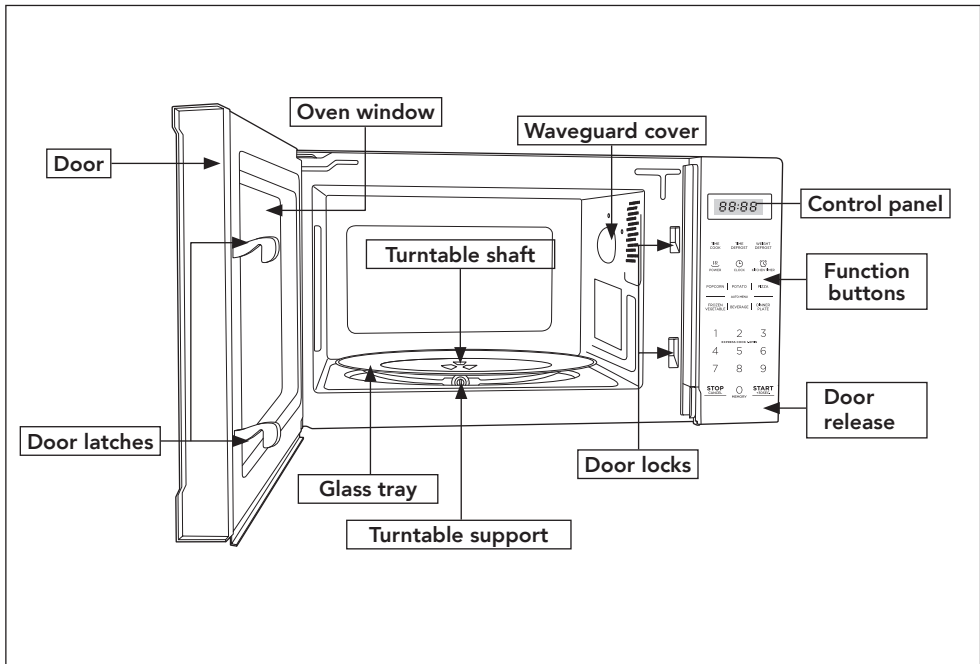
You should have

microwave oven, glass tray & turntable support



How to...

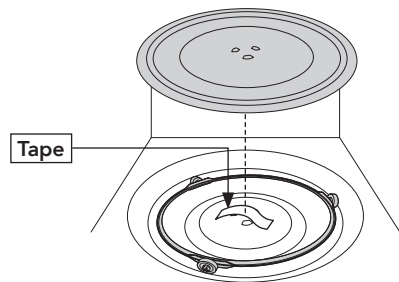
...recognise the parts of your digital microwave



How to...

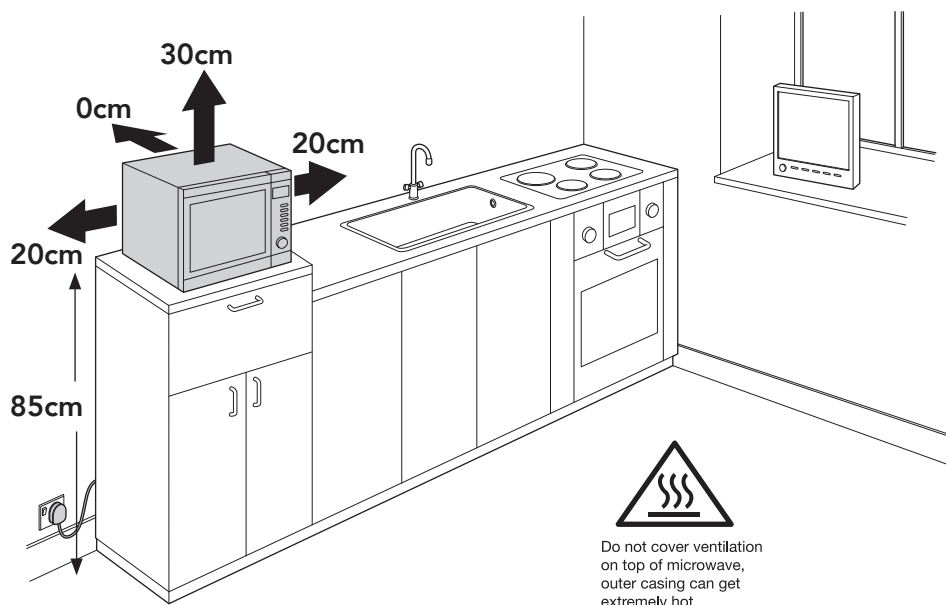
...assemble your microwave

1. Remove any tape and place the turntable support in the centre of the recess on the floor of the microwave.
2. Place the glass tray onto the turntable support, aligned with the turntable shaft.



How to...

...best place your microwave



1. Do not place over a cooker or heat-producing appliance as this may cause damage.
2. Select a level surface that provides enough space for the outlet vents. Ensure the surface is strong enough to support the microwave (do not place inside cabinets).
3. A minimum clearance of 20cm (8") is required between the microwave and any adjacent wall or surface.
4. Leave a minimum of 30cm (12") above the microwave and **NEVER** place anything on top as this will block the vents.
5. The microwave should be as far away from TVs and radios as possible. Using the microwave may cause interference with reception.
6. The microwave must be positioned so the plug is accessible and the socket is within easy reach.
7. Plug the microwave into a suitable 13 amp mains socket and ensure the voltage is the same as that in your home (do not use extension cables or mains socket adaptors).

How to...

...recognise the microwave control panel



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POWER



CLOCK



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

DISPLAY

Shows the time countdown during use; and functions as a digital clock when not in use.

TIME COOK

TIME DEFROST

WEIGHT DEFROST

POWER

CLOCK

KITCHEN TIMER

POPCORN

POTATO

PIZZA

FROZEN VEGETABLE

BEVERAGE

DINNER PLATE

STOP/CANCEL

Press once to stop or pause cooking, then again to cancel the remaining cooking time.
START/+30 SEC.

Press once to start cooking, then again to add 30 seconds for the cooking time per press.

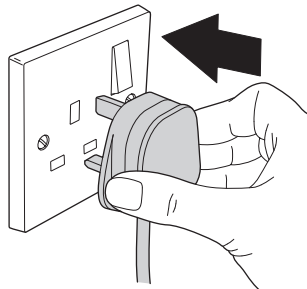
How to...

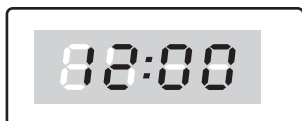
...use your microwave

Please note

Do not use metal pans or items with a metal handle or trim (including wire twist-ties) or melamine dishes (as they contain material that absorbs microwave energy and may cause dishes to crack or burn). All cookware should be suitable for microwave use and no containers with restricted openings (e.g. bottles) should be used. If baby bottles are heated, the teat should not be left on.

1. Slot the plug into the mains socket and switch the power on.
2. The microwave will 'BEEP' once and the display will show the clock symbol and 0:00.





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TIME
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POWER



CLOCK



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DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL



MEMORY

START
+30SEC.

Clock Setting

1. Press "**CLOCK**", "00:00" will display.
2. Press the number keys and enter the current time. For example, time is 12:00 now, please press "1,2,0,0" in turn. The clock is in 12 hour format only.
3. Press "**CLOCK**" to finish clock setting. ":" will flash and the clock will be lit up.
4. If the numbers input are not within the range of 1:00--12:59, the setting will be invalid until valid numbers are input.

Note:

- (1) In the process of clock setting, if the "**STOP/CANCEL**" button is pressed or if there is no operation within 1 minute, the oven will go back to the former setting automatically.
- (2) If the clock need to be reset, please repeat step 1 to step 3.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

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BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

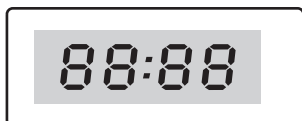
0
MEMORY

START
+30SEC.

Power Level

11 power levels are available.

Level	Power	Display
10	100%	PL10
9	90%	PL9
8	80%	PL8
7	70%	PL7
6	60%	PL6
5	50%	PL5
4	40%	PL4
3	30%	PL3
2	20%	PL2
1	10%	PL1
0	0%	PL0



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COOK

TIME
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POWER



CLOCK



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DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

Kitchen Timer

1. Press "**KITCHEN TIMER**", screen will display 00:00, and the four digital figures will flash.
2. Press the number keys and enter the timer time. (the maximum setting time is 99 minutes and 99 seconds)
3. Press "**START/+30SEC.**" to confirm setting.
4. When the timer time arrives, the microwave will BEEP 5 times.

Note:

- (1) The kitchen timer is used to set a time reminder e.g. timing some food cooking on a separate hob, and is different to the main clock function.
- (2) When using the kitchen timer, other programs cannot be set at the same time.



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POWER

CLOCK

KITCHEN TIMER

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AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1 2 3

EXPRESS COOK 1-6MIN

4 5 6

7 8 9

STOP
CANCEL

0
MEMORY

START
+30SEC.

Microwave cook

1. Press "**TIME COOK**" once, screen will display "00:00".
2. Press number keys to input the cooking time; the maximum cooking time is 99 minutes and 99 seconds.
3. Press "**POWER**" once, screen will display "PL10". This is the default power (100%).

Now you can press number keys to adjust the power level.

4. Press "**START/+30SEC.**" to start cooking.
Example: to cook the food with 50% microwave power for 15 minutes.
 - a. Press "**TIME COOK**" once. "00:00" displays.
 - b. Press "1", "5", "0", "0" in order.
 - c. Press "**POWER**" once, then press "5" to select 50% microwave power.
 - d. Press "**START/+30SEC.**" to start cooking.

Note:

- (1) In the process of setting, if the "**STOP/CANCEL**" button is pressed or if there is no operation within 1 minute, the oven will go back to the former setting automatically.
- (2) If "PL0" is selected, only the internal fan will work with no microwave heating.
- (3) During microwave cooking, "**POWER**" can be pressed to change the power you need.

After pressing "**POWER**", the current power will flash for 3 seconds, now you can press the number buttons to change the power. The oven will work with the selected power for the remaining time.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

POPCORN

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AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

Speedy Cooking

1. From standby mode, instant cooking at 100% power level can be started by selecting a cooking time from 1 to 6 minutes by pressing number 1 to 6. Press "**START/+30SEC.**" to increase the cooking time; the maximum cooking time is 99 minutes and 99 seconds.
2. In waiting state, instant cooking at 100% power level with 30 seconds' cooking time can be started by pressing "**START/+30SEC.**". Each press on the "**START/+30SEC.**" button will increase cooking time by 30 seconds. the maximum cooking time is 99 minutes and 99 seconds.

Note: during microwave cooking and time defrost, time can be added by pressing "**START/+30SEC.**" button.



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POWER



CLOCK



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

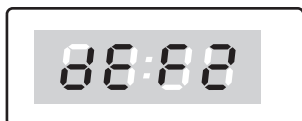
0
MEMORY

START
+30SEC.

Weight Defrost Function

1. Press "**WEIGHT DEFROST**", screen will display "dEF1".
2. Press numerical buttons to input the weight of the food you want to defrost. (The defrost weight range is between 100-2000g. If the food weights less than 100g or more than 2000g, you won't be able to defrost it). Enter the weight to the nearest 100g.
3. Press "**START/+30SEC.**" button to start defrosting. The defrosting program automatically imports a defrost amount of time based on the food weight you input.

Note: You can pause the defrosting by pressing the "**STOP/CANCEL**" button once. This is useful if you wish to stir your food at any point. To resume the defrosting simply press the "**START/+30SEC.**" button.



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POWER



CLOCK



KITCHEN TIMER

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VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

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9

STOP
CANCEL

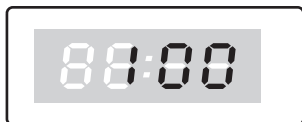
0
MEMORY

START
+30SEC.

Time Defrost Function

1. Press "**TIME DEFROST**", screen will display "dEF2".
2. Press numerical buttons to input defrosting time. The effective time range is 0:01-99:99
3. The default microwave power is power level 3. If you want to change the power level, press "**POWER**" once, and the screen will display "PL 3", then press the numerical button for the power level you wish.
4. Press "**START/+30SEC.**" to start defrosting.

Note: You can pause the defrosting by pressing the "**STOP/CANCEL**" button once. This is useful if you wish to stir your food at any point. To resume the defrosting simply press the "**START/+30SEC.**" button.



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POWER



CLOCK



KITCHEN TIMER

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FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

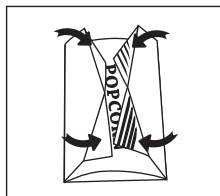
START
+30SEC.

POPCORN

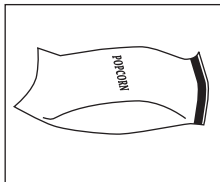
1. Press "**POPCORN**" repeatedly until the number showing the weight in grams you wish to cook appears in the display, "50", "100" g will display in order. For example, press "**POPCORN**" once, "50" appears.
2. Press "**START/+30 SEC.**" to cook, microwave will BEEP once. When cooking finishes, the microwave will BEEP five times and then turn back to waiting state.

Important Information About Microwave Popcorn Feature :

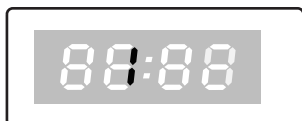
1. It is suggested that you fold down a triangle on each corner of the bag before cooking. Refer to below image.



2. If the popcorn bag expands and no longer rotates properly, please press "**STOP/CANCEL**" button once and open the oven door and adjust the bag position to ensure even cooking.



Note: Do not allow the popcorn bag to come into contact with the waveguide cover during the cooking process.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

POTATO

1. Press "**POTATO**" repeatedly until the number of potatoes you wish to cook appears in the display "1", "2", "3" will display in order.

"1"SET : 1 potato (approximately 230 grams)

"2"SETS: 2 potatoes (approximately 460 grams)

"3"SETS: 3 potatoes (approximately 690 grams)

For example, press "**POTATO**" once, "1" appears.

2. Press "**START/+30 SEC.**" to cook, microwave will BEEP once. When cooking finishes, microwave will BEEP five times and then turn back to waiting state.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

PIZZA

1. Press "**PIZZA**" repeatedly until the weight in grams you wish to heat shows as a number in the display, "100", "200", "400" g will display in order.
2. Press "**START/+30 SEC.**" to cook, microwave will BEEP once. When cooking finishes, microwave will BEEP five times and then turn back to waiting state.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

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FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

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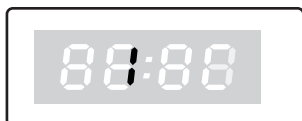
STOP
CANCEL

0
MEMORY

START
+30SEC.

FROZEN VEGETABLE

1. Press "**FROZEN VEGETABLE**" repeatedly until the weight you wish to cook (in grams) shows as a number on the display, "150", "350", "500" g will display in order. For example, press "**FROZEN VEGETABLE**" once, "150" appears.
2. Press "**START/+30 SEC.**" to cook, microwave will BEEP once. When cooking finishes, microwave will BEEP five times and then turn back to waiting state.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
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VEGETABLE

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DINNER
PLATE

1 2 3

EXPRESS COOK 1-6MIN

4 5 6

7 8 9

STOP
CANCEL

0
MEMORY

START
+30SEC.

BEVERAGE

1. Press "**BEVERAGE**" repeatedly until the number of cups you wish to heat appears in the display, "1", "2", "3" cups will display in order.
One cup is about 120ml. For example, press "**BEVERAGE**" once, "1" appears.
2. Press "**START/+30 SEC.**" to heat, the microwave will BEEP once. When heating finishes, the microwave will BEEP five times and then turn back to waiting state.



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COOK



POWER

TIME
DEFROST



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DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

DINNER PLATE

NOTE: Use this function to heat a plated meal e.g. reheating a roast dinner.

We suggest to use a microwave safe food cover.

1. Press "**DINNER PLATE**" repeatedly until the number you wish appears in the display, "250", "350", "500" g will display in order.

For example, press "**DINNER PLATE**" once, "250" appears.

2. Press "**START/+30 SEC.**" to cook, microwave will BEEP once. When cooking finishes, microwave will BEEP five times and then turn back to waiting state.



MEMORY FUNCTION

Use this function to set up to 3 favourite custom programs.

1. Press "**0/MEMORY**" once, the screen will display 1.
2. Press "**TIME COOK**", and use the number keypad to enter the cooking time you wish to use.
3. Press "**POWER**" once to select the desired power level, the display shows "PL10" 100% as the default. Use the number keypad to input the power level if you wish to change this (between 1-10).

4. Press "**START/ +30 SEC**" to save the setting.

To set a second and third custom program, follow the steps above, but at step 1, press "**0/MEMORY**" twice or three times to display 2 or 3.

Using the function

1. Press the "**0/MEMORY**" setting once, twice or three times to choose the desired preset program, followed by the "**START/ +30 SEC**" to begin cooking.

NOTE: The microwave will remember your desired settings; if the microwave is unplugged or the mains power is interrupted, please follow the steps above to reset your desired programs.

Example: to set the following procedure as the second memory, that is memory 2 to cook the food with 80% microwave power for 3 minutes and 20 seconds.

The steps are as follows:

- a. In waiting state, press "**0/MEMORY**" twice until the screen displays "2".
- b. Press "**TIME COOK**" once, then press "3", "2", "0" in order.
- c. Press "**POWER**" once, "PL10" display, then press "8" and "PL8" displays.
- d. Press "**START/ +30 SEC.**" to save the setting. The microwave will BEEP once then turn back to waiting state. If you press "**START/ +30 SEC.**" twice after step c, the procedure will be saved as the memory 2 and operated.
- e. If you want to run the saved procedure, in waiting state, press "**0/MEMORY**" twice, screen displays "2", then press "**START/ +30 SEC.**" to run.



Multi-stage cooking

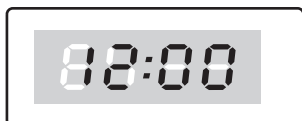
Use this function to automatically perform two cooking steps in one program, for example, defrosting first, followed by cooking.

In multi-stage cooking, if one stage is defrosting, then defrosting shall be placed at the first stage automatically.

NOTE: You cannot select the Auto menu options in this mode.

Example: if you want to cook with 80% microwave power for 5 minutes then 60% microwave power for 10 minutes, the cooking steps are as following:

- (1) Press "**TIME COOK**" once, then press "5", "0", "0" to set the cooking time;
- (2) Press "**POWER**" once, then press "8" to select 80% microwave power.
- (3) Press "**TIME COOK**" once, then press "1", "0", "0", "0" to set the cooking time;
- (4) Press "**POWER**" once, then press "6" to select 60% microwave power.
- (5) Press "**START/ +30 SEC.**" to start cooking.



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1 2 3

EXPRESS COOK 1-6MIN

4 5 6

7 8 9

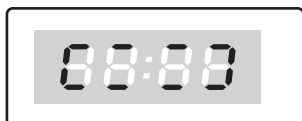
STOP
CANCEL

0
MEMORY

START
+30SEC.

CHECKING CLOCK OR POWER

1. During microwave cooking, press "**CLOCK**", the screen will display the clock for three seconds.
2. During microwave cooking, press "**POWER**" to check microwave power level, and the current microwave power will be displayed. After three seconds, the oven will turn back to the previous state.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

CHILD LOCK FUNCTION

This locks the control panel to prevent accidental operation.

To set the lock: Press and hold "**STOP/CANCEL**" button for 3 seconds. There will be a long beep and the screen will display "C L O C K".

To remove the lock: Press and hold "**STOP/CANCEL**" button again for 3 seconds, there will be a long beep to show the lock is removed.



TIME
COOK

TIME
DEFROST

WEIGHT
DEFROST



POWER



CLOCK



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

END OF COOKING REMINDER

When the cooking is over, the microwave will BEEP five times to alert user the cooking is finished.



TIME
COOK



POWER

TIME
DEFROST



CLOCK

WEIGHT
DEFROST



KITCHEN TIMER

POPCORN

POTATO

PIZZA

AUTO MENU

FROZEN
VEGETABLE

BEVERAGE

DINNER
PLATE

1

2

3

EXPRESS COOK 1-6MIN

4

5

6

7

8

9

STOP
CANCEL

0
MEMORY

START
+30SEC.

OTHER SPECIFICATIONS

1. In standby state , if the screen displays current time, the icon " : " will flash; if the clock has not been set, it shows "0:00".
2. While setting the function, the screen displays corresponding setting.
3. While heating or paused, the screen displays remaining cooking time.

How to...

...clean your microwave

Make sure the microwave is disconnected from the power and is completely cool before cleaning. Failure to keep the microwave clean can lead to deterioration in the interior that could affect the life of the appliance and result in a hazardous condition.

1. When food or liquids stick to the microwave walls, wipe clean with a damp cloth (do not use harsh detergents or abrasives).
2. You can clean the outside of the oven with damp cloth and dry with a soft dry cloth. Don't allow water to seep into the ventilation openings.
3. Wipe the door and window on both sides regularly along with the door seals and adjacent parts with a damp cloth to remove spills or spatters. Do not use abrasive cleaners.
4. The waveguide cover is on the right side of the oven – this is where microwaves pass through to cook your food. NEVER remove the waveguide cover. It must be kept clean at all times by wiping with a mild detergent and water, then allowing to dry.
5. Do not allow the control panel to become wet. Clean with a damp cloth and dry thoroughly.
6. If steam builds inside or around the microwave door, wipe away with a damp cloth.
7. If the inside of the microwave smells, mix the juice and skin of a lemon with some water in a microwavable bowl. Place in the microwave and heat for 3 minutes on full power, then wipe the inside of the microwave thoroughly with a dry cloth.
8. Regularly clean the turntable support and oven floor by wiping the bottom of the oven with a mild detergent and water, then drying with a cloth. The turntable can be washed in warm soapy water, then dried thoroughly before placing back inside the microwave. Always make sure it is fitted back in correctly.

How to...

...solve common problems

Problem

If the microwave doesn't work.

What to do

1. Ensure it is plugged in securely.
2. Check the mains fuse has not been tripped (if it has, reset the fuse).
3. See if another appliance works when plugged into the same socket (if it doesn't, the socket may be faulty).
4. If the socket works, replace the fuse.

Problem

If the microwave will not heat food:

What to do

1. Check the timer has not been set.
2. Ensure the door is securely closed (as a safety feature, if the door is not fully shut the microwave will not operate).
3. See if the child lock is in operation.

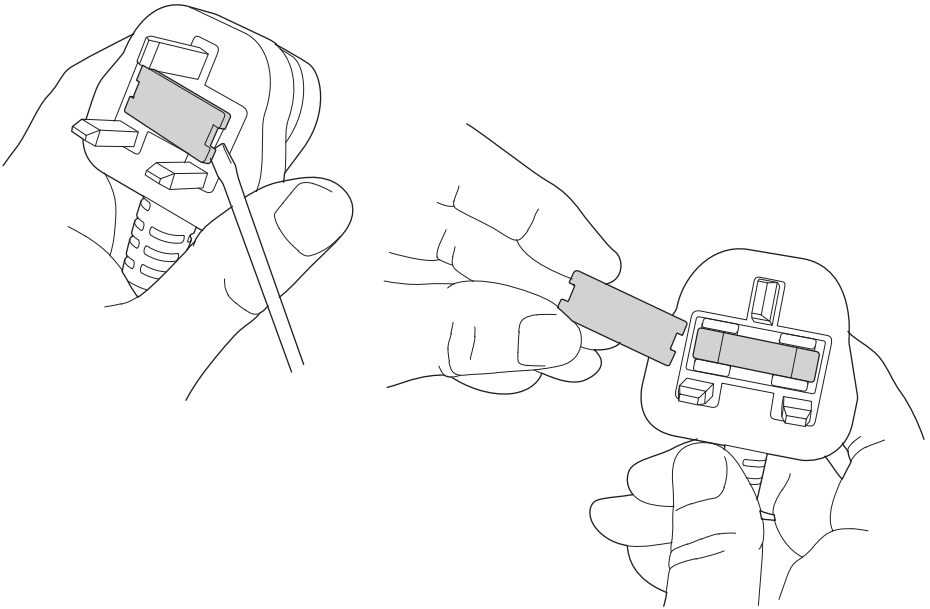
Specifications

Rated voltage:	230-240V ~ 50Hz
Operating frequency:	2450 MHz
Power output:	650-700W
Outside dimensions:	259mm (H) x 440mm (W) x 318 (D)
Oven capacity:	17 Litres
Weight (Approx):	10.4kg

How to...

...change the fuse

1. Only use a 13 amp fuse.
2. To change the fuse, place a screwdriver into the recess of the plug cover and pull the fuse holder upward until it's free.
3. Slide the fuse out and pop in the replacement.
4. Slot the fuse holder back into the recess and push down until it locks into place.





If for any reason you're not completely satisfied with our product, return it within 100 days with your proof of purchase, and we'll give you an exchange or a refund.

UK Mainland stores only.

Excludes franchises.

The guarantee excludes flat pack furniture, which can't be returned if it has been partly or fully assembled unless faulty or mis-described.

Also excludes mattresses, which can't be returned for hygiene reasons once used, unless faulty or mis-described.

Need something else?

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We have a wide range of accessories and other products that can be ordered direct to your door.



For PDF copy of this manual please scan QR code and search for model number

ASDA
technical support
0333 600 7700

Customer services information

If you have any problems, need more information or spare parts, or even just some advice on your product, then don't hesitate to contact customer services at the telephone number or address shown opposite. N.B. When calling or writing please have your product site code handy.

Call

0800 952 0101

Write

ASDA, Leeds LS11 5AD

Product name:	GDM001B-22/GDM001W-22/GHMON10154M Digital Microwave Oven
Product site code:	15A.09.22.185 15A.09.22.186 15A.06.24.123



To qualify for the 2 year warranty the appliance must have been used according to the manufacturer's instructions. For example kettles should have been regularly de-scaled.

If your appliance stops working or develops a fault then return it to your nearest store and we will happily replace or refund the item, with exception of the below exclusions:

EXCLUSIONS

ASDA shall not be liable to replace goods under the terms of the warranty where:

1. The fault has been caused or is attributable to accidental use, misuse, negligent use or use contrary to the user manual's recommendations or where the fault has been caused by power surges or damage caused in transit.
2. The appliance has been used on a voltage supply other than that described on the product rating label.
3. Repairs have been attempted by persons other than our service staff (or authorised dealer).
4. Where the appliance has been used for hire purposes or non-domestic use.
5. ASDA are not liable to carry out any type of servicing work, under the warranty.

This warranty does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This warranty is offered as an additional benefit and does not affect your statutory rights as a consumer.

If for any reason this item is replaced during the 2 year warranty period, the warranty on the new item will be calculated from original purchase date. It is vital to retain your original proof of purchase to indicate the date of initial purchase.

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Manufactured for:

ASDA, Leeds LS11 5AD/ASDA, Antrim BT41 4GY.

Disposal

This symbol on the product or in the instructions means that your electrical and electronic equipment should be disposed at the end of its life separately from your household waste. There are separate collection systems for recycling in the UK.

For more information, please contact the local authority or your retailer where you purchased the product.

