# drinks

ADD A SWEET TREAT TO ANY HOT DRINK FOR

### **HOT DRINKS**

<b>ESPRESSO</b> 11kcal	SMALL	REGULAR £ <b>1.50</b>
AMERICANO SMALL 11kcal REGULAR 16kcal	£2	£2.30
LATTE SMALL 132kcal REGULAR 183kcal ALLERGENS: MILK	£2.30	£2.55
CAPPUCCINO SMALL 127kcal REGULAR 175kcal ALLERGENS: MILK	£2.30	£2.55
HOT CHOCOLATE SMALL 312kcal REGULAR 413kcal ALLERGENS: MILK	£2.30	£2.55
MOCHA SMALL 252kcal REGULAR 343kcal ALLERGENS: MILK	£2.55	£2.80

EXTRA ESPRESSO SHOT



EXTRA SYRUP SHOT

CARAMEL, HAZELNUT OR VANILLA

==	P
77	-
18kcal	

DECAF COFFEE 2kcal	SMALL	REGULAR £1.50
TEA 1kcal		£1.25
SPECIALITY TEA 2kcal		£1.30
ADD WHIPPED CREAM V  112kcal  ALLERGENS: MILK		55 <sub>P</sub>

### **COLD BOTTLED DRINKS**

COPELLA APPLE JUICE 250ML	£1.30
TROPICANA ORIGINAL 250ML	£1.40
COCA-COLA ZERO 500ML	£1.50
DIET COKE 500ML	£1.50
JUICEBURST 330ML	£1.05

See full selection of bottled drinks available from the chillers

Adults need around 2000kcal a day



V = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

J003727\_CAFE87150\_297x420\_DRINKS\_MENU.indd 1

## breakfast

#### SERVED UNTIL 12 NOON

### FULL BREAKFAST £6.40

ALLERGENS: WHEAT, BARLEY, SULPHITES, EGG 2 SAUSAGES, 2 BACON, BLACK PUDDING, 2 EGGS, 1 HASH BROWN, BAKED BEANS AND TOMATO

### VEGETARIAN £4.80 BREAKFAST ☑

467kcal

ALLERGENS: BARLEY, EGG, WHEAT
2 QUORN® SAUSAGES, 2 EGGS, 1 HASH BROWN,
BAKED BEANS AND TOMATO

### MINI BREAKFAST 262kcal

ALLERGENS: WHEAT, SULPHITES, EGG

1 SAUSAGE, 1 BACON, 1 EGG, 1 HASH BROWN,
BAKED BEANS AND TOMATO

### EGGS ON TOAST ☑ £3.20 521kcal

£4.10

ALLERGENS: SOYA, WHEAT, EGG, MILK
2 SLICES OF TOAST AND BUTTER WITH 2 EGGS

#### **V** = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

### BEANS ON TOAST ☑ £3.20 459kcal

ALLERGENS: SOYA, WHEAT, MILK
2 SLICES OF TOAST AND BUTTER WITH BAKED BEANS

#### BREAKFAST BAP £3.20

WITH 3 BACON 376kcal

ALLERGENS: SOYA, WHEAT

WITH 3 SAUSAGES 538kcal ALLERGENS: SOYA, WHEAT, SULPHITES

WITH 3 QUORN SAUSAGES W 463kcal

ALLERGENS: SOYA, WHEAT, BARLEY, EGG

### KIDS BREAKFAST 337kcal

ALLERGENS: SOYA, WHEAT, EGG

1 BACON, 1 EGG, BAKED BEANS AND
1 SLICE OF TOAST

Adults need around 2000kcal a day



£3.20

## breakfast

#### SERVED UNTIL 12 NOON

PANCAKES 🗹	£3
448kcal	
ALLERGENS: EGG, MILK, WHEAT	
3 PANCAKES AND SYRUP	
PORRIDGE 🗹	£2.25
260kcal	
ALLERGENS: OATS, MILK	
PORRIDGE AND SYRUP	
YOGURT & GRANOLA ☑	£1.50
354kcal	
ALLERGENS: MILK, NUTS, OATS	
EXTRA SPECIAL	£1.95
CROISSANT V	_ = = • •
281kcal	
ZOINCAI	

EXTRA SPECIAL
PAIN AU CHOCOLAT W
294kcal
ALLERGENS: EGG, MILK, SOYA, WHEAT

EXTRA SPECIAL
ALMOND CROISSANT W
334kcal
ALLERGENS: NUTS, EGG, MILK, WHEAT

TOASTED TEACAKE
WITH BUTTER W
286kcal
ALLERGENS: SOYA, WHEAT, MILK

**V** = VEGETARIAN

ALLERGENS: EGG, MILK, WHEAT

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

**Adults need around 2000kcal a day** 



J003727\_CAFE87149\_297x420\_CAFE\_BRKFST\_MENU\_2\_TOTEM.indd 1

# lunch

EXTRA SPECIAL ITALIAN FLATBREAD WITH SALAMI & SMOKED CHEESE 604kcal	£4.25	CHEESE & HAM TOASTIE 474kcal ALLERGENS: MILK, SOYA, WHEAT	£4.25
EXTRA SPECIAL ITALIAN FLATBREAD WITH	£4.25	CHEESE & TOMATO TOASTIE W 392kcal ALLERGENS: MILK, SOYA, WHEAT	£4.25
HAM, CHEESE & DIJONNAISE 523kcal ALLERGENS: MILK, WHEAT, MUSTARD		CHIPOTLE CHICKEN TOASTIE 510kcal ALLERGENS: MILK, SOYA, WHEAT, MUSTARD, SULPHITES	£4.25
TUNA MELT PANINI 657kcal ALLERGENS: FISH, MILK, WHEAT, MUSTARD, SULPHITES	£4.25	MOZZARELLA & PESTO GLUTEN-FREE TOASTIE M	£4.25
CHEESE & HAM PANINI 512kcal ALLERGENS: MILK, WHEAT, MUSTARD	£4.25	391kcal ALLERGENS: EGG, MILK  VEGAN SPICY MEXICAN	£4.25
MOZZARELLA, CHICKEN & PESTO PANINI 592kcal ALLERGENS: MILK, SOYA, WHEAT, MUSTARD	£4.25	BEAN BURRITO ID  559kcal  ALLERGENS: WHEAT, MUSTARD	- <b></b>

V = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

Adults need around 2000kcal a day



J003727\_CAFE87151\_297x420\_CAFE\_LUNCH\_TOTEM\_MENU.indd 1

# pizza

PIZZA SLICE WHOLE 16" PIZZA £1.95 each

£8

#### **MARGHERITA V**

384kcal per slice 2302kcal whole pizza ALLERGENS: MILK, WHEAT

#### **PEPPERONI**

**549kcal** per slice **3296kcal** whole pizza ALLERGENS: MILK, WHEAT

#### **SIZZLER**

**443kcal** per slice **2656kcal** whole pizza **ALLERGENS: MILK, WHEAT, BARLEY** PEPPERONI, SPICY CHICKEN, CHILLI BEEF AND JALAPEÑOS

#### **SPICY CHICKEN**

405kcal per slice 2431kcal whole pizza ALLERGENS: MILK, WHEAT

PEPPERS, RED ONION, SPICY CHICKEN AND JALAPEÑOS

#### **HAWAIIAN**

**397kcal** per slice **2382kcal** whole pizza ALLERGENS: MILK, WHEAT HAM AND PINEAPPLE

#### **VEGETABLE SUPREME ☑**

430kcal per slice 2578kcal whole pizza

ALLERGENS: MILK, WHEAT

MIXED PEPPERS, MUSHROOM, RED ONION AND SWEETCORN

### **SPICY MEATBALL**

525kcal per slice 3151kcal whole pizza

ALLERGENS: WHEAT, BARLEY, MILK MEATBALLS AND JALAPEÑOS

#### **BBQ CHICKEN & BACON**

443kcal per slice 2655kcal whole pizza

ALLERGENS: MILK, WHEAT
BBQ SAUCE BASE, CHICKEN, BACON,
MIXED PEPPERS AND RED ONION

## GARLIC BREAD £1.30 per slice £6.40 whole 16" pizza PIZZA VI

455kcal per slice 2728kcal whole pizza ALLERGENS: MILK, WHEAT

V = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

**Adults need around 2000kcal a day** 



J003727 CAFE87155 297×420 CAFE PIZZA MENU TOTEM:ndd 1

# main meals

LASAGNE 764kcal ALLERGENS: MILK, WHEAT, MUSTARD SERVED WITH GARLIC BREAD AND SALAD	£5.90
STEAK & ALE PIE 706kcal ALLERGENS: WHEAT, BARLEY, MILK SERVED WITH MASH AND PEAS	£5.90
CHICKEN TIKKA MASALA 821kcal ALLERGENS: WHEAT, MILK SERVED WITH RICE AND NAAN BREAD	£5.90
MAC & CHEESE   524kcal ALLERGENS: MILK, WHEAT, MUSTARD SERVED WITH SALAD	£5.90
VEGAN VEGETABLE TIKKA VI 461kcal ALLERGENS: SOYA, WHEAT SERVED WITH RICE	£5.90

**V** = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

SCAMPI & CHIPS 662kcal ALLERGENS: CRUSTACEANS, WHEAT SERVED WITH PEAS	£5.90
CHEESEBURGER & CHIPS 729kcal ALLERGENS: WHEAT, SOYA, MILK SERVED WITH SALAD	£5.90
CHICKEN BURGER & CHIPS 757kcal ALLERGENS: WHEAT, SOYA SERVED WITH SALAD	£5.90
VEGAN CHICKEN BURGER & CHIPS   742kcal ALLERGENS: WHEAT, SOYA SERVED WITH SALAD	£5.90
ALL DAY BRUNCH 850kcal ALLERGENS: WHEAT, SULPHITES, EGG 2 SAUSAGES, 2 BACON, 2 EGGS, TOMATO,	£5.90

Adults need around 2000kcal a day

BAKED BEANS AND CHIPS



# main meals

MAC & CHEESE ☑ 524kcal

£5.90

ALLERGENS: MILK, WHEAT, MUSTARD SERVED WITH SALAD

**VEGAN VEGETABLE TIKKA ☑**461kcal

£5.90

ALLERGENS: SOYA, WHEAT SERVED WITH RICE

**CHEESEBURGER & CHIPS** 729kcal

£5.90

ALLERGENS: WHEAT, SOYA, MILK SERVED WITH SALAD

CHICKEN BURGER & CHIPS 757kcal

£5.90

ALLERGENS: WHEAT, SOYA SERVED WITH SALAD

**V** = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

VEGAN CHICKEN BURGER

£5.90

& CHIPS ☑ 742kcal

ALLERGENS: WHEAT, SOYA SERVED WITH SALAD

**ALL DAY BRUNCH** 850kcal £5.90

85UKCal

ALLERGENS: WHEAT, SULPHITES, EGG
2 SAUSAGES, 2 BACON, 2 EGGS, TOMATO,
BAKED BEANS AND CHIPS

Adults need around 2000kcal a day



J003727\_CAFE87154\_297x420\_CAFE\_MAIN\_MEAL\_2\_MENU\_TOTEM.indd 1

04/03/2022 09:2

## sweet treats

ADD ANY SWEET TREAT TO A HOT DRINK FOR



CHOCOLATE FUDGE CAKE   443kcal ALLERGENS: EGG, MILK, SOYA, WHEAT	£3.20
CARROT CAKE W 530kcal ALLERGENS: NUTS, EGG, MILK, WHEAT	£3.20
VICTORIA SPONGE ¥ 440kcal ALLERGENS: EGG, MILK, WHEAT	£3.20
NEW YORK CHEESECAKE \$\overline{\Omega}\$ 515kcal allergens: egg, milk, wheat	£3.20
APPLE PIE Ø 364kcal ALLERGENS: WHEAT, SULPHITES	£3.20
BAKEWELL TART V 621kcal ALLERGENS: NUTS, EGG, SOYA, WHEAT	£3.20
TREACLE TART V 397kcal  ALLERGENS: WHEAT	£3.20
LEMON MERINGUE PIE   383kcal ALLERGENS: EGG, WHEAT	£3.20
SULTANA SCONE WITH STRAWBERRY JAM & CLOTTED CREAM \$\mathbb{U}\$ 520kcal ALLERGENS: EGG, MILK, WHEAT	£2.85
RED FRUIT CRUMBLE MUFFIN ☑ 331kcal	£2.25

CHOCOLATE HAZELNUT MUFFIN  424kcal ALLERGENS: NUTS, EGG, MILK, SOYA, WHEAT	£2.25
CLASSIC CHOCOLATE BROWNIE © 360kcal ALLERGENS: EGG, MILK, SOYA, WHEAT	£2.25
MILLIONAIRE'S SHORTCAKE V 327kcal ALLERGENS: MILK, SOYA	£2.25
ROCKY ROAD V 406kcal ALLERGENS: MILK, SOYA, WHEAT	£2.25
BELGIAN CHOCOLATE CRISPY SQUARE © 268kcal ALLERGENS: MILK, SOYA, WHEAT, BARLEY	£2.25
CHUNKY CHOCOLATE CHIP COOKIE © 293kcal ALLERGENS: SOYA	£2.25
SULTANA SCONE & BUTTER   349kcal ALLERGENS: EGG, MILK, WHEAT	£1.75
PORTION OF CLOTTED CREAM 176kca	1 75 <sub>P</sub>
PORTION OF CUSTARD ☑ 150kcal ALLERGENS: MILK	55 <sub>P</sub>
PORTION OF WHIPPED CREAM ☑ 112kcal	55 <sub>P</sub>

**Adults need around 2000kcal a day** 



SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.

J003727\_CAFE87157\_297x420\_CAFE\_SWEET TREATS\_MENU\_TOTEM.indd 1

ALLERGENS: EGG, MILK, WHEAT





## KIDS EAT FREE\*

# MONDAY — FRIDAY **AFTER 3PM**

WHEN AN ADULT SPENDS £4

CHOOSE FROM OUR HOT FAVOURITES!



## **KIDS MEALS**

**FISH FINGERS** 

INGERS

352kcal

ALLERGENS: FISH, WHEAT

3 FISH FINGERS, CHIPS AND PEAS

CHICKEN NUGGETS £3.20

360kcal

**ALLERGENS: WHEAT** 

4 CHICKEN NUGGETS, CHIPS AND BAKED BEANS

ALL DAY BREAKFAST £3.20

360kcal

**ALLERGENS: EGG** 

1 BACON, BAKED BEANS, 1 EGG AND SMALL CHIPS

MAC & CHEESE ☑ £3.20

276kcal

ALLERGENS: MILK, WHEAT, MUSTARD

SMALL PORTION OF MAC & CHEESE WITH SALAD

V = VEGETARIAN

SUBJECT TO AVAILABILITY. IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE SPEAK TO AN ASDA CAFÉ COLLEAGUE FOR DETAILS.
\*PROMOTION VALID FOR CHILDREN UNDER 16. VALID FOR ONE CHILD PER ADULT. MAXIMUM OF 1 MEAL FROM THE KIDS MENU PER CHILD PER DAY.
\*PROMOTION VALID FOR BABIES UNDER 18 MONTHS OLD ONLY. ONE 70G POUCH PER CUSTOMER WITH ANY ITEM PURCHASED FROM AN ASDA CAFÉ.



£3.20

J003727\_CAFE87158\_297x420\_KIDS\_CAFE\_HOT\_A3.indd 1





